

SWEDEN CLARKSON SCOREBOARD











Sweden Clarkson Community Center 4927 Lake Road South Phone: 585-431-0090 Fax: 585-431-0052

www.swedenclarksonrec.recdesk.com

DIRECTORY

HOW TO REGISTER



ONLINE REGISTRATION

Log on to:

www.swedenclarksonrec.recdesk.com Go to "Register Now"

You will need to set up an account



CREDIT CARDS-Online Only Mastercard and Visa are excepted. Online registrations requires payment at check

out.

WALK-IN & DROP-OFF

Sweden Clarkson Community Center:
Mon-Thu 6:00am-8:00pm
Fridays 6:00am-6:00pm
Saturday 8:00am-12:00pm
Sunday 8:00am-12:00pm



CONTACT US

Questions? Call 585-431-0090

REGISTRATION INFORMATION

- Pre-registration is required for all classes! Register early so our instructors can plan and we don't cancel class due to low enrollment.
- All registrations are taken on a first come first serve basis.
- Waiting lists will be established if a program that is full. If a space becomes available we will contact you. You will not be charged for the class unless you are enrolled.

Credit/Refund Policy

Refunds will be given upon request to anyone who cancels from a program at least one week (5 business days) prior to the start of the program or in the case of sports programs, 3 weeks prior to the 1st practice. There will be no refunds given for a program once it has begun, unless it is cancelled by the Recreation Department. A refund may be allowed in the event of illness or injury if a doctor's note is provided. All refunds are subject to a \$10 processing fee per person/per program. Certain programs, such as the fitness center are non-refundable. Credits will expire five years after date of issue.

Non-Resident Policy

Any person not residing in the Towns of Sweden or Clarkson may be charged an additional fee. Fees will be listed under program pricing.

Locker Rooms and Lockers

There are locker rooms and shower available for use by our fitness center members. Lockers available on a daily basis.

Community Center Hours

September

M-Th 6am-8pm, F-6am-6pm Sat/Sun 8am-12pm **Closed 9/1**

October

M-Th 6am-8pm, F-6am-6pm Sat 8am-3pm Sun-8am-12pm

November

M-Th 6am-8pm, F-6am-6pm Sat/Sun 8am-3pm

Close Early 11/26 3pm Closed 11/27

Recreation Staff

Recreation Director

Jill Wisnowski 431-0050

jillw@townofsweden.org

Recreation Supervisor

Amanda Kinney 431-0088 amandak@townofsweden.org

Recreation Assistant Full-Time

Troy Leibert 431-0087

troyl@townofsweden.org

Recreation Assistant Full-Time

Riley Kennedy 431-0086 rileyk@townofsweden.org

Clerical Assistant

Diane Samons 431-0090 dianes@townofsweden.org

Part-time Recreation Staff

Ashley Hermance, Maranda Dobbertin, Jessica DeFilippo, Alexandria Rood, Claire VanDusen, Olivia Maxwell

Media Specialist

Kate Bieler

Gift Certificates

Gift Certificates are for Sweden/Clarkson Recreation Department programs only and cannot be redeemed for cash or refund to a credit card.

Facebook/Instagram

Like us on Facebook and follow us on instagram at Sweden Clarkson Recreation

Weather Cancellation Hotline

Program status is updated on the 24-hour information at 585-431-0085. The hotline is updated by 3 pm daily. Facility Closing Info is sent to News Channel 13, 10, 8 & Spectrum News.

OMMUNITY





Community Health Fai

Wednesday, October 8th 10am-12pm

Come join us for our annual health fair. Speak with various Medicare representatives from several major carriers who will help answer questions about your current plans, open enrollment and find the right plan for you. Vendors include Walgreens(Flu Shots), Evergreen Assisted Living, Agape Physical Therapy, SilverSneakers and many more.

Come learn not only about your financial well-being but physical as well!

Location: Sweden-Clarkson Community Center Any questions please contact Troy at troyl@townofsweden.org





OUR 22ND ANNUAL HALLOWEEN EVENT

THURSDAY OCTOBER 23RD 5:30-7:15



- HAUNTED HOUSE & TODDLER GYM
- TEMPORARY TATTOOS •
- **GAMES** CRAFTS

SNACKS & CANDY

- COSTUME CONTEST
 - 2-3 YEAR OLDS- 6:40 PM
 - 4-5 YEAR OLDS- 6:50 PM
 - 6-7 YEAR OLDS- 7:00 PM
 - 8-9 YEAR OLDS- 7:10 PM

HAUNTED HOUSE CLOSES AT 6:45

OT PROGRAMS

Little Steps

Have your child(ren) come join Miss Amanda and others for an hour and a half of learning and fun! During this time, kids will have the opportunity to learn some of the basics such as the alphabet and numbers/counting, get some of their energy out in our gym specifically designed and used for the little ones, as well as do some arts and crafts that they can bring home to show off!!

> Max: 8 Location: Preschool Rm Ages 2-4

| | <u>Day</u> D | ate Ti | me | <u>Price</u> | |
|-------|--------------------------------------|--------------------------------------|------------------------------|--------------|---|
| | Pro | ogram #48 | 04-L | | |
| M/W/F | 9/10-9/29 | 9:30- | 11am | \$62R/\$67NR | |
| | Pro | gram #480 |)4-M | | |
| M/W/F | 10/6-10/2 | 4 9:30- | 11am | \$62R/\$67NR | |
| 7 | Pro | gram #480 | 04-N | | |
| M/W/F | 11/3-11/2 | 1 9:30- | 11am | \$62R/\$67NR | |
| M/W/F | 9/10-9/29 Pro 10/6-10/2 Pro | 9:30- 9:30- 9:30- 9:30 #480 | 11am 04-M 11am 04-N | \$62R/\$67NI | R |

Tot Thanksgiving Craft

Looking for fun activities to celebrate Thanksgiving? Join us for a delightful day of crafting and creativity this Thanksgiving season! Celebrating the season of gratitude with creativity and fun with us! Location: SM Activity RM #4

Age: 3-5

Date Price Day Time Program # 4606-K 11/20 5-5:30pm \$5R/\$10NR Thu

*NEW Salt Art!

Who knew salt wasn't just for potato chips! Join us for an afternoon of savory art and let your imagination run wild! Make your own design with glue, add your salt, and use watercolors to complete your one-of-a-kind salt art masterpiece! Everything will be provided for you, just make sure you aren't wearing your favorite outfit, this might get messy! Location: Small Activity Room #3

Max: 6 Ages: 4-5

Price Day Date Time Program #4607-F 10/21 5-5:45pm \$10R/\$15NR Tue

*NEW Tot Balloon Tennis

It's never too early to engage the little athlete in your tot! Join us at the community center for an afternoon of balloons, serves, and hopefully a few volleys! Balloon tennis teaches tots how to work/play as a team, while having fun and making friends at the same time. Don't worry, our "rackets" are our hands! Location: LA Room #3

Max: 10 Ages: 3-5

Date Day Time Price Program # 4607-E

Thu 9/25 4-5pm \$5R/\$10NR

Creepy Crafts

Keep the ghosts and ghouls away with a custom craft made at your community center! Join us this Halloween season for a themed craft, and some fall sweets/treats! Want to break your costume out early? Please do! Let's get the spooky season going with some crafts, a few laughs, and keep those pesky spirits away! Location: SA Room #3

Max: 6 Ages: 2-3

Date Day Time <u>Price</u> Program # 4607-G Wed 10/29 5-5:45pm \$12R/\$17NR

TOT PROGRAMS

Instructional Tot Soccer

This class will help your child refine their skills and improve as an overall player. We will review the basics of the game while also teaching a series of drills that your kids can do on their own! Ages: 4-6 Location: SCCC Gym

Day Date Time Price
Session I
Program #4708-Z
Mon 9/8-9/29 5-5:45pm \$30R/\$35NR
Session II
Program #4709-A
Mon 11/3-11/24 5-5:45pm \$30R/\$35NR

*NEW Teddy Bear Picnic & Movement Party Tot

Grab your favorite stuffed friend and join us for a playful Teddy Bear Picnic! This interactive parent-and-tot event combines music, movement, and imagination for a fun-filled morning of active play. Together, we'll dance, stretch, crawl like bears, and enjoy silly games that get little bodies moving. It's the perfect way to bond, burn energy, and make sweet memories—picnic-style! Stuffed animals encouraged, smiles guaranteed.

Location: Toddler Gym Ages:2-4 + Parent

Day Date Time Price
Program #4710-S
Wood 10/15 5:30 6pm #88/#10NB

Wed 10/15 5:30-6pm \$8R/\$10NR

*NEW Tiny Scientists!

Calling all curious kids! Get ready to giggle, fizz, and explore in Tiny Scientists, a hands-on science class just for tots! We'll mix, bubble, and pop our way through simple (and safe!) experiments using everyday ingredients. Whether we're making rainbow volcanoes, dancing raisins, or magical color potions, your little one will build early STEM skills while having a blast! Perfect for ages 4–6 — no reading required, just wonder and wide eyes! Ages: 4-6

wide eyes! Ages: 4-6 Location: SCCC Cafeteria

<u>Day Date Time Price</u> Program # 4710-Q Thu 9/18 5:30-6:15pm \$10R/\$12NR

Instructional Tot Football

This class is designed to introduce kids to do basic drills and skills essential for enjoying and improving in the game. We will review the basics of the game while also teaching a series of drills that your kids can do on their

own. Ages:4-6 Location: SCCC Gym

<u>Day Date Time Price</u>

Program # 4709-B

Thu 9/11-10/2 5-5:45pm \$30R/\$35NR

DIY Sensory Water Bottle Tot

Spark curiosity and calm with a DIY sensory water bottle! Perfect for preschoolers and early learners, this hands-on activity lets kids help pour, shake, and explore. Using simple materials like water, glitter, beads, and clear glue, children create a mesmerizing bottle they can use again and again to focus, self-soothe, or just enjoy watching. It's a fun, calming project that supports fine motor skills, sensory development, and emotional regulation—ideal for quiet corners or mindful moments.

Location: SCCC Cafeteria

Ages:2-4

<u>Day Date Time Price</u> Session I Program #4710-0

Tue 9/9 5:30-6:15pm \$10R/\$12NR

Session II Program #4710-P

Tue 9/30 5:30-6:15pm \$10R/\$12NR

*NEW Cut and Create for Youngster

This class is designed to help introduce the skill of using scissors. This class will feature a multitude of different activities related to scissor use. This will teach them how to use scissors the correct way and cut different lines and shapes. This activity is going to create a craft that your child can take home as well. If you would like to have your child learn the safety and skills of using scissors then this is the class for you!

Location: SCCC Cafeteria

Ages: 5-6

 Day
 Date
 Time
 Price

 Session I
 Program #4710-K

 Tues. 9/23
 5:30-6:15 \$8R/\$10NR

 Session II
 Program #4710-L

 Tues 10/21
 5:30-6:15 \$8R/\$10NR

Before & After School Recreation Program

It is our pleasure to offer a safe and fun before and after school drop in program! Your child will participate in a variety of activities including board games, gym games and more! Register in person only!

This program is designed for students kindergarten to sixth grade. Children may be dropped off at the community center as early as **6:30 AM** and picked up after school no later than **6:00 PM**.

Parents must contact the Brockport Central Schools
Transportation Office, (585) 637-1880, in order to arrange
transportation for their child. For any question please contact
Amanda at 585-431-0088 or amandak@townofsweden.org
Before and After School rates are as follows:

Daily Rates:

Before **OR** After School- **\$10.00**

Before AND After School- \$19.00

Weekly Rates: Before OR After School- \$45.00

Before **AND** After School- **\$90.00**

*When registering the week of, you will pay the daily rate (\$10/\$19)



Youth Thanksgiving Craft

Looking for fun activities to celebrate Thanksgiving? Join us for a delightful day of crafting and creativity this Thanksgiving season! Celebrate the season of gratitude with creativity and fun with us!

Location: Small Activity Rm #4

Age: 6-10

<u>Day Date Time Price</u> Program # 4606-L

Thu 11/20 5:30-6pm \$5R/\$10NR

Homeschool Craft Day

Are you ready to unleash your creativity? We've got a fantastic craft session planned that promises to be loads of fun! Step-by-step guidance on how to create something awesome that you can bring home at the end of the session. Ages: 8-12 Max: 5 Location: LA #3

<u>Day Date Time Price</u> Program # 4709-G

Tue 10/21 1-1:40pm \$25R/\$30NR

Program #4709-H

Tue 11/18 1-1:40pm \$25R/\$30NR

*NEW Youth Instructional Ping Pong

Calling all future pin pong players! In this entry level class, kids can learn the basics of ping pong! From serving, returning, and proper scoring techniques, this class will provide a friendly environment for children to learn a new game.

Location: LA Rm #1 Ages: 8-12 Max:4 Day Date Time Price

Program # 4607-B

Tue 9/2-9/23 5-6:15pm \$20R/\$25NR

Painting for Young Beginners

This class will be fun, easy, and colorful for the little artist inside you! Supplies will be included. *Please come to class 15 minutes early and bring an old shirt or apron with you*

Instructor: Local Artist Erin Lawrenz

Ages: 8 and up

Location: SCCC Lounge

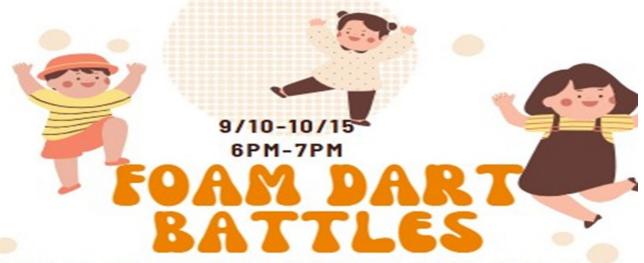
<u>Day Date</u> <u>Time</u> <u>Price</u>

Session I Program #4606-X

Fri 6/20 5-6:30pm \$27R/\$32NR

Session II Program #4606-Y

Fri 7/25 5-6:30pm \$27R/\$32NR



EXPERIENCE THE INTENSITY WITH THE RFDL! EACH WEEK PARTICIPANTS WILL EXPERIENCE A NEW NERF BATTLE GAME AS WELL AS STRATEGY AND TEAMWORK TO COMPLETE OBJECTIVES ON THE BATTLEFIELD. ALL EQUIPMENT IS PROVIDED AND PLAYERS MAY ALSO BRING THEIR FAVORITE BLASTER FROM HOME IF THEY CHOOSE. TEAMWORK, EXERCISE AND FUN ARE A BIG PART OF OUR WEEKLY EVENTS.

\$115R/\$120NR

AGES 7-12 MIN:14 PROGRAM #4804-R

Instructional Youth Football

This class is designed to introduce kids to basic drills and skills essential for enjoying and improving in the game. We will review the basics of the game while also teaching a series of drills that your kids can do on their own.

Location: SCCC Gym Ages:7-12 Date Time Price Day

Program # 4709-C

Thu 9/11-10/2 6-6:45pm \$30R/\$35NR

Instructional Youth Tennis

Just learning how to play tennis or looking to refine your skills? This class will help you improve as an overall player. Come have fun with your coach as she reviews the basics of the game while also teaching a series of drills that you can use on your own.

Ages: 6-12 Max: 5 Dav Date Time Price Session I Program #4710-M Location: SCCC Outdoors

\$35/\$40

Mon 9/8-9/29 5-6:00pm

Program #4710-N Session II

Location: SCCC Gym

Mon 10/13-11/3 5-6:00pm \$35/\$40

Flag Football League

Our Youth Flag Football League offers a structured environment where children can participate in flag football games and practice their skills in a fun, safe, and supportive setting. The program is designed to teach the fundamentals of football—such as passing, catching, running routes, and basic defensive strategies—while keeping the focus on having fun and staying active. Games will be held at Sweden Town Park. COED Teams. Volunteer coaches are needed. Contact troyl@townofsweden.org

*No Games 8/30

Day Date Time Age Price Program # 4706-J W/S 8/20-10/4 TBD 5-6yrs \$30R/\$35NR Program # 4706-H W/S 8/20-10/4 TBD 7-9yrs \$55R/\$60NR Program #4706-I W/S 8/20-10/4 TBD 10-12yrs \$55R/\$60NR

K-1 House Basketball

Come join coach Jake Russell, owner of Basketball+, and his high-quality Basketball+ trainers in our K-1 House Basketball Program. It will include part instruction and part games. Everybody will also receive a jersey.

Ages: Grades K-1 Location: SCCC Gym

Date Day Time Price Program #4709-I Wed 10/8-11/12 5:45-6:30pm \$52R/\$57NR

Instructional Youth Volleyball

Just learning how to play Volleyball or looking to refine your skills. This class will help you improve as an overall player. Come have fun with Coach Kiera as he reviews the basics of the game while also teaching a series of drills that you can use on your own.

Ages: 8-13 Max: 6 Location: SCCC Gym

Date Time Price Day Session I Program #4709-D Wed 9/10-10/1 5-5:45pm \$40R/\$45NR Session II Program #4709-E

Wed 10/15-11/5 5-5:45pm \$40R/\$45NR

Instructional Youth Soccer

This class will help your child refine their skills And improve as an overall player. We will review the basics of the game while also teaching a series of drills that your kids can do on their own! Ages- 7-11

Location: SCCC Gvm

Day Date Time Price Program #4709-F Session I

10/6-10/27 6-6:45pm \$30R/\$35NR Mon



Train and Play with Basketball+

Come join Coach Jake Russell, owner of Basketball+, and his high-quality Basketball+ trainers for this 4-week class where you will be working on skill development which includes footwork, ballhandling and shooting. Sessions will include 30 minutes of training and 30 minutes of small sided games such as 1 v 1 and 3 v 3. Location: SCCC Gym

Date Time Price Session I Program #4710-E

K-2 Grade

9/4-9-25 5-5:45pm Thu \$52R/\$57NR

Session II Program #4710-F Grade 3-6

Thu 9/4-9/25 6-7pm \$52R/\$57NR

Session III Program #4710-H

Grade 3-6

10/2-10/30 6-7pm Thu \$52R/\$57NR

*No Class 10/23

Session VI Program #4710-G Grade 7-12

Thu 9/4-9/25 7-8pm \$52R/\$57NR

*NEW Basketball Referee **Training Class**

Come Join Adrian and Bryce Tyndell as they will showcase the skills needed to become a successful basketball referee. Adrian has been a long-time ref in Section V and his son Bryce has been learning under his wing for the last couple of years. Come learn all the skills and movements that it takes to become a successful ref with two of the best in Section V. This class will get you ready to ref our house basketball league during the fall and winter. Ages: 15+ Location: SCCC Gym

| Day | Date | Time | <u>Price</u> |
|---------|-----------|------|--------------|
| Progran | n #4710-A | | |
| Sat | 11/8 | 9am | \$5 |

First Aid for Kids

Taught by EMT's and Paramedics: this 90minute course teaches 8-14-year-old participants the skills and techniques necessary to respond to a variety of first aid related emergencies including: bleeding control, choking, burns, care for sprains, strains and breaks and treatment for heat & cold emergencies. Also addressed are several common medical emergencies found in schools today such as food allergies, diabetes, seizures, and asthma. This course meets requirements for several boy/girl scout badges. Instructor: EPIC Training Location: Conference RM Age: 8-14 Min:5 Max:20 Day Date Time Price Program #4606-J

10-11:30am \$37R/\$42NR

Babysitters Training

Tues 11/25

Taught through classroom discussion, instructor lead lecture and supplemented by an interactive video presentation; this 5 hour class for boys/girls ages 11-15, teaches participants the roles and responsibilities of a babysitter including skills in: accident prevention, first aid and abdominal thrusts for choking victims. Each student will receive a certification card upon completion. Students are asked to bring a SASE (self-addressed stamped envelope) to class along with a peanut free bagged lunch and drink.

Ages: 8-12 Min: 5 Max: 20 Location: Conference Rm

Time Day Date Price

Program #4606-H

11/25 11:30am -3:30pm \$52R/\$57NR Tue

Westside House Basketball

This 13-week league will consist of Thursday and Saturday morning practices. Practices will continue on Thursday nights once games begin on Saturdays. A jersey is included in the price for each participant. Thursday practices are held between the hours of 5:30-8:30pm. Teams will play other Sweden/Clarkson teams as well as other I ocal teams. Minimum: 2 teams per age group. Volunteer coaches are needed! Mandatory evaluation day on November 8st at

10am.

Mandatory coaches meeting follows.

For more information please contact: Troy Leibert

at Troyl@townofsweden.org

Location: Sweden Clarkson Rec W/E Gymnasium Day Date Time Price Thu/Sat 11/8-1/31 **TBD** \$120/\$125 Program #4710-B *COED Grades 3/4 Program #4710-C Boys Grades 5/6 Program #4710-D Girls Grades 5/6

Gaga Ball Night

Get ready to duck, dodge, and dive! Join us for Gaga Ball Night, a 45-minute action-packed session where kids ages 7-11 will learn the rules, practice basic skills, and jump into the fast-paced fun of this exciting playground favorite. Whether they're brand new to the game or seasoned pros, everyone will get a chance to play, build teamwork, and enjoy friendly competition—all while having a blast! Sneakers recommended and enthusiasm required! Location: Rec Center Gaga Pit Ages: 7-11

| <u>Day</u> | Date | Time | <u>Price</u> |
|------------|---------|----------|--------------|
| Program | #4710-T | | |
| Mon | 9/15 | 6-6:45nm | \$5R/\$7NR |

Home Alone Safety

This 90-minute class is designed to teach children who are home alone the importance of behaving responsibly. Topics include but are not limited to: basic first aid tips, what to do when a stranger comes to the door, answering the telephone, internet safety and how to react during a variety of miscellaneous emergencies such as power outages and fires. Knowing when your child is ready to stay home alone is a difficult decision; preparation can make the transition much easier for you & your child.

Ages: 8-12 Min: 5 Max: 20 Location: SCCC Conference Rm Dav Date Time

Program #4606-I Tue 11/25 8:30-10am \$32R/\$37NR

Price

YOUTH

Home School Open Gym

Need something to do with your home school children during the day? Looking for free play time where your kids and their friends can get together? Then this is the open program for you! No pre-registration required! Just bring your children and your daily fee, which will allow you access to our equipment closet and gymnasium! All children must be supervised and we ask that all equipment gets treated with respect and put away after Location: SCCC Gymnasium each use! Day Date Time Price Program # 4709-J MWF 9/8-12/12 2-4pm \$1R/\$2NR

*NEW Cider & Seek Scavenger Hunt

Join Recreation Assistant Maranda Dobbertin and step into the sights and sounds of fall at Sweden Town Park! Kids and families are invited to join us for a fun-filled nature scavenger hunt, searching for colorful leaves, acorns, pinecones, and other seasonal surprises. It's a playful way to explore outdoors, celebrate autumn and connect with nature. After the hunt, warm up with donuts and cider for a cozy fall finish! Bring your curiosity and a comfy pair of shoes!

Location: Nietopski Pavillion at the STP Ages 6-10 Max: 5

<u>Day Date Time Price</u> Program #4804-T Sat 9/20 10-10:45 am \$20R/\$25NR



Pumpkin Painting Party

Celebrate the fall season with us at the community center during our fun and festive Pumpkin Painting Party! You are invited to join us for an evening of creativity, fun, and festive vibes. We'll start with pumpkin painting—no carving necessary and have pizza afterward. In addition to decorating their own pumpkins, kids will also get to make a special fall-themed craft to take home. It's a perfect way to celebrate the season with friends, food, and hands-on activities.

Ages 6-9 Max: 8

| Lucatio | II.Caie | | |
|---------|-----------|-------|--------------|
| Day | Date | Time | <u>Price</u> |
| Progran | n #4804-N | | |
| Mon | 10/20 | 5-6pm | \$25R/\$27NR |

Youth Cooking Class

Join Riley as Little Chefs learn how to prepare age-appropriate snacks and goodies! Don't miss out on this exciting opportunity to ignite your passion for cooking, let's cook up some delicious memories together! Please let us know of any dietary restrictions or allergies. Ages: 5-10 Max: 6

Location: SCCC Cafeteria Date Price Dav Time Session I Program # 4606-S 9/10 Wed 5:30-6:15pm \$25R/\$30NR Session II Program # 4606-T Wed 9/17 5:30-6:15pm \$25R/\$30NR Session III Program # 4606-U Wed 9/24 5:30-6:15pm \$25R/\$30NR



Crisp & Crafty: Fall Fun

Join Recreation Assistant Maranda Dobbertin and get ready to dive into the magic of autumn with this two-week creative class! Kids will explore the season through handson activities like colorful leaf rubbings and festive pumpkin painting. It's the perfect way to celebrate fall, spark imagination, and take home some handmade seasonal treasures. All materials provided.

Max: 5 Ages 5-10 Location: Lounge

Day Date Time Price

Programs #4804-U

Thu 10/9 & 10/16 5-5:30pm \$20R/\$25NR

*NEW Create & Crunch: No-Bake Workshop

Join Maranda Dobbertin at the community center for a fun and delicious fall-themed 3 week no-bake treat night! Kids will get hands -on as we create three festive and easy snacks: apple nachos with tasty toppings, layered pumpkin yogurt parfaits, and silly monster trail mix with candy eyes and crunchy surprises. This activity is perfect for young kiddos and requires no baking—just creativity, fun, and a love for fall flavors! All ingredients are provided, and participants will get to enjoy their treats or take them home to share. Space is limited, so be sure to sign up soon! Ages 6-10 Max: 5 Location: Cafe <u>Da</u>te Time Dav

Program #4804-W Wed 11/5-11/19 5:30-6:15pm \$25R/\$30NR

*NEW Clay Day

Spend an afternoon playing, and creating, with clay! Bring your tot for an afternoon of hands-on art and help them assemble their clay into whatever they desire! We know the hassle of firing clay, and for this reason we opted for air-dry clay! This art won't require anything from you besides a little patience and a big imagination.

Max: 6 Ages: 7-8 Location: SA Room #3 Time Price Dav Date

Program # 4607-I

Wed 9/10 4-5pm \$12R/\$17NR



*NEW Youth Dance Series

Get ready to move, groove, and express yourself! This high-energy youth dance class explores the dynamic styles of jazz, hip hop, contemporary, and modern dance. Dancers will build confidence, rhythm, and creativity while learning fun combinations and techniques from each genre. Perfect for all levels, this class is a great way to develop skills, stay active, and have a blast on the dance floor! Learn from recent Brockport Grad Mj Nuzzo who was a captain of the competitive dance team at the college and has years of dance experience in all genres. Location: LA Room #1 Ages:7-11 Date Time Price Session #I Program #4710-U

(Jazz and Hip-Hop)

9/3-9/24 6-6:45 pm \$50R/\$55NR Session II Program #4710-V

(Contemporary and Modern)

Wed 10/8-10/29 6-6:45 pm \$50R/\$55NR

N PROGRAMS

| PROGRAM | DAYS | TIMES | PRICE | AGE |
|---------------------|--|---|------------|-----------|
| TODDLER GYM | M-TH F | 8AM-7:45 8AM-5:45 | \$2 | 5 & UNDER |
| BASKETBALL | T, TH | 2PM-4PM | \$2 | OPEN |
| HOMESCHOOL OPEN GYM | M, F | 2PM-4PM | \$1R/\$2NR | K-12 |
| PICKLEBALL | M, W, F | 10AM-1:15PM *SOME KNOWLEDGE OF THE GAME REQUIRED* | \$1R/\$2NR | OPEN |
| PICKLEBALL | T, TH | 10-11:30AM ADVANCED 11:45AM-1:15PM BEGINNERS | \$1R/\$2NR | OPEN |
| PICKLEBALL | SUN (BEGINNING IN OCTOBER) *HALF GYM DUE TO INSTRUCTIONAL CLASS* | 8-9:45AM ADVANCED 10AM-11:45AM BEGINNERS | \$1R/\$2NR | OPEN |
| WALKING | M-F | 8:45-9:45 | FREE | OPEN |
| TAICHI | M & F | 1-2PM | \$1 | 55+ |
| EUCHRE | М | 12-2PM | \$1 | 55+ |
| MAHJONGG | ТН | 9AM-12PM | \$1R/\$2NR | 55+ |

ADULT PROGRAMS

Next Level Pickleball

Ready to take your pickleball skills to the next level? Our Intermediate Pickleball Class is designed for players who already have a basic understanding of the game and want to enhance their skills and strategies. Whether you're looking to play more confidently in competitive games or just elevate your recreational play, this class will provide the tools to do so.

Ages: 16+

Day Date Time <u>Price</u> Session I Program # 4709-Y

Location: Outside Courts

9/13-10/5 11-11:45pm \$45R/\$50NR

Session II Program #4709-Z Location: SCCC Gym East Side

10/19-11/9 11-11:45pm \$45R/\$50NR Sun

Adult Coed Volleyball League

This league is fun and well rounded. Whether you have played for years or haven't ever been on a court, this is the league for you! Pick up your blank roster form at the S/C Community Center. The league will be 10 weeks (10 games), plus playoffs. *You must register a complete team and pay BEFORE first day*

Sign up deadline 9/2

Ages: 18+ Location: SCCC Gym

Day Date Time Price

Program #4709-K

Tue 9/9-11/18 6-9pm \$150

Vinyasa Flow

This stress reducing hour of yoga integrates the mind and body. It combines the breath with flowing movement, strength, and flexibility; along with balance and Pilates core work. For all levels. Please bring a yoga mat.

Instructor: Barb Whited Max: 18

Location: LA Rm #3

<u>Day</u> Date Time Price

Session I Program # 4709-N

Mon 9/8-10/6 6:30-7:30pm \$50R/\$55NR

Session II Program # 4709-0

Mon 10/13-11/10 6:30-7:30pm \$50R/\$55NR

Session III Program # 4710-I

Mon 11/17-12/15 6:30-7:30pm \$50R/\$55NR

Open Pickleball

Get fit, socialize and participate in Pickleball. All skill levels welcome for a variety of games. Basic knowledge of the rules & game play is helpful. Please bring your own paddle.

Ages: 18+ Location: Gym

*Schedule listed under open programs on Pg 11

Instructional Beginner Pickleball

Welcome to our Beginner Pickleball Class for Adults! This class is designed for those who are new to pickleball and looking to learn the basics. Our instructor will guide you through the fundamental rules, techniques, and strategies of the game. You will learn how to serve, volley, and score while gaining confidence on the court. This is a great opportunity to meet new people, get active, and have fun in a supportive

environment. Ages: 16+

Day Date Time Price

Session I Program # 4709-W

Location: Outside Courts

Sun 9/14-10/5 10-10:45am \$45R/\$50NR

Session II Program #4709-X Location: SCCC Gym East Side

Sun 10/19-11/9 10-10:45am \$45R/\$50NR

Yoga Stretch

The focus of this practice is to help improve your range of motion and mobility. Using breath and longer holds to increase free range of movement, while enhancing the relaxation response for stress relief and

resilience. Max: 18 Instructor: Barb Whited

Location: LA Rm #3 *No Class 6/11

Date Day Price

Session I Program # 4709-P

Tue 9/9-10/7 6:30-7:30pm \$50R/\$55NR

Session II Program # 4709-0

Tue 10/14-11/11 6:30-7:30pm \$50R/\$55NR

Session III Program # 4710-J

Tue 11/18-12/16 6:30-7:30pm \$50R/\$55NR

ADULT PROGRAMS

Fitness Center Membership

| M <u>embership</u> | 1month | 3month | 1 year |
|--------------------|--------|--------|--------|
| Senior (55+) | \$20 | \$45 | \$185 |
| Adult (18-54) | \$40 | \$65 | \$250 |
| Family (18+) | \$60 | \$85 | \$360 |
| Each addt'l fai | | | |
| | \$15 | \$35 | \$115 |

*Family membership covers up to four people who reside at the same residence. Need help getting started with the equipment? Call 431-0090 to set up appointment. * Please Note: Fitness Center closes 15 minutes before community center.

Daily Rates: \$5 adult; \$3 senior

We except SilverSneakers, Silver & Fit, Fit On,

Optum and Renew Active

Bird Carving

The Bird Carving class will teach how to plan a carving, knife carving techniques, and the proper way to use a wood carving knife. The subject will be a Red Headed woodpecker posed on a branch. Wood, paint, eyes, and instruction, are all included within the cost of the program. However, we ask that you bring basic equipment to make your project come to life! Basic equipment: safety glove, woodcarving knife and paint brush. More information will be provided by the instructor at the first meeting. The instructor is Al Cretney who has been carving birds for over 20 years.

Location: Small Activity Rm #4 Max: 12

<u>Day Date Time Price</u>

Program # 4607-K

Mon 9/8-10/20 5:45-7:45p 45R/50NR

American Sign Language Introduction

Always wanted to learn how to do American Sign Language then come join this class with non-licensed instructor John Naugle who has 40 years' experience in American Sign Language. This class will help teach you the basics of American Sign Language or help advance your skills in ASL.

Location: Senior Room Side A

<u>Day Date Time Price</u> Program # 4709-R Sat 9/6-12/6 11-12pm \$13R/\$18NR

Taiji & Qigong for Health

Taiji (Tai Chi) and Qigong are performed slowly with relaxed flowing movements using gentle exercise, deep breathing, and relaxed awareness. It strengthens legs, improves balance, increases flexibility and relieves stress. In later stages, it calms the mind to become a "Meditation in Motion".

Learn large movement Yang style postures from the standardized, 24 posture Taiji Form, and active stretching Qigong breathing exercises using a wide range of motion. Instructor Brian Bruning has been practicing Taiji and Qigong since 1978, studying Yang and Chen Pan-ling styles. He is an instructor for the Rochester T'ai Chi Ch'uan Center and has taught locally since 1997. Location: LA Rm #1

<u>Days</u> <u>Date</u> <u>Time</u> <u>Price</u> Program #4606-O Mon 9/8-10/27 12-1pm \$52R/\$57NR

PERSONAL TRAINING

Are you looking for a personal trainer? Give our personal trainer a call or email to set up a time.

Shannon Brett: (585) 953-2611

email: sbrett121@yahoo.com A single session is \$43 or you can pay for a pack of 5 sessions for \$208 or a pack of 10 sessions for \$393.

JAZZERCISE BROCKPORT



Fall into fitness and fun with Jazzercise! As the leaves change and the air turns crisp, it's the perfect season to energize your body, connect with others, and build lasting strength through movement. Jazzercise combines heart-pumping cardio, functional fitness, and dance-inspired routines to help you move better in everyday life—whether you're lifting groceries or chasing fall adventures. Our workouts are designed to boost endurance, improve balance, and increase overall mobility, all while having a blast in a supportive, social environment. Don't just watch the season change—move with it.



Scan here for days, time and more information.



Arts and Carafes

Come and enjoy a relaxing evening with your favorite bottle of wine while discovering your inner artist! No experience is required. Stepby-step instructions will be given by our fun and local artist, Erin! *Please come to class 15 minutes early and bring an old shirt or apron with you.

Instructor: Local Artist Erin Lawrenz Ages: 21 and up Min: 6 Max: 24 Location: Small Activity Room 4

| Day | Date | Time | Price |
|--------|------------|-------|--------------|
| Progra | am #4606-V | | |
| Fri | 9/19 | 6-8pm | \$35R/\$40NR |
| Progra | am #4606-W | · | |
| Fri | 11/7 | 6-8pm | \$35R/\$40NR |

ADULT PROGRAMS

Total Body Conditioning

We'll utilize bodyweight exercises and dumbbells to target all major muscle groups through compound movements, enhancing overall strength, balance, flexibility, and endurance. Expect a challenging yet rewarding workout that incorporates elements of Pilates, strength training, and aerobics for a well-rounded fitness experience. This class is suitable for all levels, with modifications provided to ensure everyone can participate effectively. Min: 5 Max: 20

Instructor: Sarah Silverstone Location: Large Activity Rm #1

<u>Day Date Time Price</u>

Session I Program #4606-Z

Mon 9/29-10/20 5:30-6:15pm \$20R/\$25NR

Session II Program #4607-A

Mon 10/27-11/10 5:30-6:15pm \$20R/\$25NR

*NEW Adult Beginner Lyrical Dance

Step into the world of Lyrical Dance with our warm, inclusive class—no experience necessary! This expressive style seamlessly blends the elegance of Ballet, the energy of Jazz, and the fluidity of Modern Dance, all inspired by the emotional storytelling of music. Each class begins with gentle stretching, followed by barre work to refine technique. Then we flow across the floor with dynamic combinations and work toward learning a full routine. Lyrical dance not only uplifts the spirit and enhances flexibility—it's also a beautiful way to unwind and connect with yourself through movement. Come be part of our vibrant community and let the music move you. *For your success and safety I kindly ask that you please have a pair of Ballet slippers for class.

Instructor: Kelly Odrzywolski Location: Large Activity Room #1

Ages: 18+ Min: 3 Max: 15 Participants

<u>Day Date Time Price</u> Program #4709-T Tue 10/7-10/28 6-7pm \$40R/\$45NR

Upright Pilates

Revitalize your well-being with our dynamic Upright Pilates class! Experience the transformative benefits of Pilates through a series of standing and chair-based movements designed to improve balance, flexibility, and core strength. With mindful breath-work and fluid motion, you'll activate deep core muscles, enhancing precision, focus, and control. This empowering mind-body practice also supports posture, stress relief, and overall vitality—perfect for beginners, seniors, and anyone looking to stay active!

*Feel free to bring your own mat or select

standing exercises, or use one provided in class. Chairs will be available for both seated movements and balance support.

Instructor: Kelly Odrzywolski Location: Large Activity Room #1

Ages: 18+ Min: 3 Max: 15

<u>Day Date Time Price</u> Program #4709-S

Tue 9/2-9/30 6-6:45pm \$40R/\$45NR

*No Class 9/9



Adult Beginner Jazz

Join our lively and upbeat Beginner Jazz class! Improve strength, flexibility, balance, coordination, and rhythm while boosting cardiovascular health and emotional well-being. No previous dance experience required. Let's stretch, learn jazz techniques, and dance fun combinations together in a positive and inclusive atmosphere!* For your success and safety, I kindly ask that you please have a pair of Jazz shoes for class.

Instructor: Kelly Odrzywolski Location: Large Activity Room #1

Ages: 18+ Min: 3 Max: 15 Participants

Day Date Time Price Program #4709-U

Tue 11/4-11/25 6-7pm \$40R/\$45NR

55+ SENIOR EVENTS/PROGRAMS



*

We invite all local veterans to bring one guest and join us in honoring the efforts of our armed service men and women

The assembly will include...

a quaint luncheon where veterans eat free, but we ask that all quests bring at least 1 non-perishable food item for admission

MONDAY NOV 11, 2025 | ARRIVE BY 11AM



Create your own Floral Arrangement

Come join us in creating your very own floral arrangement! Recreation assistant Riley Kennedy will walk you through all the steps on how to create a beautiful bouquet. You will get to choose from a variety of flowers to create a lovely spring centerpiece for anywhere in the house.

Pre-register 1 week prior! Location: Senior Rm

<u>Day Date Time Price</u> Program #4606-Q Fri 9/19 1-2pm \$15R/\$20NR

Paint a Bird House

Join recreation staff for a fun, hands-on art class where you'll create a one-of-a-kind birdhouse to brighten your garden or make a perfect gift! Whether you're a seasoned artist or a beginner, this workshop is for you. Don't miss out on this creative opportunity to make a beautiful birdhouse you can proudly display!

<u>Day Date Time Price</u> Program # 4606-R Fri 10/10 1-2pm \$15R/\$20NR

Senior Craft Class

This 4-Week DIY Crafts Class for Seniors is a structured and engaging program designed to introduce older adults to a variety of hands-on crafting projects. Each week focuses on a different craft, providing participants with the opportunity to learn new skills, express their creativity, and socialize with peers. Overall, this class aims to provide a stimulating and enjoyable experience, promoting mental agility, social engagement, and a sense of achievement through the joy of crafting.

<u>Day Date Time Price</u> Program # 4606-P Wed 10/29-11/19 1-2pm \$20/\$25NR

Location: Senior Room Side-A

55+ SENIOR PROGRAMS

Beginner Chair Volleyball

You asked, we listened, and chair volleyball is back and better than ever! We want to accommodate players of all skill levels, and for this reason we've opted for TWO sections of your favorite game! As the title suggests, this section is for beginners, or anyone else looking for a more relaxed atmosphere to grow as a player! Our staff will help facilitate regular rotations, as well as the rules, to maintain a safe space for those players looking to experience a Sweden/Clarkson staple! Location: Gymnasium West Max: 18 Day Date Time Price Session I Program #4606-M Wed 9/10-10/8 1:30-3:30pm \$12R/\$17NR Session I Program #4607-E

Wed 10/22-11/19 1:30-3:30pm \$12R/\$17NR

Intermediate Chair Volleyball

We do realize that the competitive edge is timeless, and if that winning spirit is still alive and well in you then this is the chair volleyball section for you! We challenge the competitors in our community to show up, and team up, with fellow patrons for a friendly competition that has become a hallmark of our recreation center! While winning is the name of the game, we will still uphold friendly competition, and regular rotations/ standard rules will be enforced by a Sweden/ Clarkson staff member. Suit up, spike hard and make some friends along the way!

Location: Gymnasium East Max: 18

<u>Day Date Time Price</u>

Program #4606-N

Wed 9/10-10/8 1:30-3:30pm \$12R/\$17NR

Session I Program #4607-F

Wed 10/22-11/19 1:30-3:30pm \$12R/\$17NR

Monroe County Senior Nutrition Program

Who is eligible to eat a meal?

- Any person age 60 or older, regardless of residency, is eligible to eat a meal. This includes staff members and volunteers at the meal site who are age 60 or older.
- •A spouse of any age of an eligible participant as defined above.
- •Disabled persons under the age of 60 who reside at the home of an eligible participant and accompany that person to the meal site.
- Disabled persons under the age of 60 who reside in housing facilities where congregate meals are served.
- Volunteers of any age who assist in the meal service during meal time.

Who may "contribute'?

- Includes all persons as described in the list above.
- No eliqible person can be denied a meal because of inability or unwillingness to contribute.
- The suggested meal contribution is \$3.50 per meal.
- All contributions are confidential and voluntary.

Who must "pay"?

Staff • Staff under 60 years of age must pay \$7.50 per person.
Guests • Guests under age 60 must pay \$7.50 per person.

• Guests include children, other relatives of participants (other than those noted as being eligible as noted above), employees of agencies, towns, counties, politicians, speakers, social workers, etc.

No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State, or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. Of HS/Office for the Aging.

Monthly Food Menu will be available at the community center.

Lunch will be served Tuesday –Friday each week.

For further information Contact Kyle Preston - kyle.preston@lifetimeassistance.org

55+ SENIOR PROGRAMS

Open MahJongg

MahJongg is played with tiles instead of playing cards. You play as an individual (no partners) against one to three other opponents, making runs, pairs and even and odd numbered combinations. It's interesting, engaging, challenging and FUN! We play using the National Mahjongg League rules. A current league card is required. It can be ordered nationalmahjonggleague.org. Not sure how to play or need a refresher course? Feel free to come watch or sit in at the learning table.

<u>Day Time Price</u> Thu 9am-12pm \$1R/\$2NR

Sweden Senior Singers Committed Engagement Through Singing

Join our active, enthusiastic and dedicated group of seniors (and non-seniors) who love to sing! The Sweden Senior Singers are directed by Maryellen Giese and perform at local care centers, with school choruses of all ages, and for our community.

Location: Senior Room

<u>Day Date Time</u>

Wed Sept-May 10-11:30am

Senior Ping Pong

Try something new, or polish your skills, with a couple games of ping pong with your fellow community members! Staff will be more than happy to refresh your memory on any rules or questions you may have. Grab a friend, maybe even that old paddle you've had lying around, and get to serving with us! This is a drop-in program, and residents only pay \$1 per day while our non-residents only need to pay \$2.

Ages: 55 and up

Location: Large Activity RM #1

<u>Day Date Time Price</u>

Program #4607-D

Thu 9/4-9/24 1-2:15pm \$1R/\$2NR

Move Well with Agape

Physical Therapy is led by Doctors of Physical Therapy. This class combines invigorating stretches, targeted strengthening exercises, and balance challenges to improve your overall mobility and confidence.

Instructor: Agape PT, DPT

Location: Large Activity Rm 1 Min: 5

<u>Day Date Time Price</u>

Session I Program #4709-L

Wed 9/10-10/1 9:00-9:45am \$2R/\$3NR

Session II Program #4709-M

Wed 10/15-11/5 9:00-9:45am \$2R/\$3NR

SilverSneakers*

Empowering active aging

SilverSneakers® programs are designed for older adults to increase energy, improve balance, increase strength and flexibility and to meet new people. When you enroll in SilverSneakers® you receive fitness center membership and class opportunities. All activities are covered by your insurance company and simple swipe of your SilverSneakers® card. Classes are as follows:

| Day | Time | Class Type | |
|------|-------------|------------|--|
| Mon | 10-10:45 am | Classic | |
| *Mon | 11-11:45 am | Chair Yoga | |
| Tue | 10-10:45 am | Cardio | |
| Tue | 11-11:45 am | Chair Yoga | |
| Wed | 10-10:45 am | Classic | |
| Thu | 10-10:45 am | Cardio | |
| Thu | 11-11:45 am | Chair Yoga | |

*Is for new class times.

Silver & Fit participants will receive a fitness center membership covered by your insurance company. Stop in and fill out a registration packet so you can get started!

Description of SilverSneakers Classes

Classic is low-impact training suitable for all fitness levels. It focuses on strengthening muscles and increasing range of movement for daily life activities. Participants can use hand-held weights, elastic tubing with handles and a SilverSneakers ball. Often a chair is used for seated exercises or standing support.

Chair Yoga participants complete seated and standing yoga poses. This class is suitable for beginners to advanced yogis, and it provides breathing exercises and relaxation without the strain on your joints. It provides an opportunity for deep stretching and modifications are provided for those who would like to stay seated for the entire class.

Cardio is a primarily standing class that will bring heart-healthy aerobics to your workout using low-impact movements. The class focuses on building overall strength with added cardio endurance.

55+ SENIOR PROGRAMS

Euchre Tournament

Love playing euchre? We do too! We will be hosting a progressive euchre tournament! This means that you will play with different partners all day. At the end of the tournament, one person will be crowned euchre champion! Are you the best euchre player in the area? Come find out! Prizes awarded to first and second place. Lunch & Drinks

*Donations for prizes accepted.

*Pre-Registration as individual is required the Friday before a tournament.

*Register as a single not as a team!

Ages: 55+ Min:16 Max: 24

Location: Senior Room

Day Date Time Price

Program #4709-V Mon 11/17 11:30am \$10 per person

Weekly Open Senior Cards

Euchre: Mondays - 12-2 pm

Fee: \$1 per visit Location: Senior Room

Dresses for Girls Around the World

Help us make dresses for needy and underprivileged girls in our own country and around the globe. No sewing experience is needed. Supply and equipment donations welcome. Come for the day or just for an hour or two. Any questions or need more information please call Andrea Perry 637-5648 Location: Lounge Day

As Needed

Book Discussion Club

<u>Day Time</u> 1st Wed of the month 10:30-12pm

Knit & Crochet Circle

Join us for our cozy Knit & Crochet Circle, where yarn enthusiasts of all skill levels come together to create, share, and inspire! Whether you're a beginner learning the basics or an experienced crafter looking to tackle new projects, our group is the perfect place for you. Gather with fellow crafters to work on your current projects, swap tips, and share your latest creations. Get involved in charitable initiatives by contributing to local causes through your crafting. Enjoy a relaxed and friendly atmosphere while making new friends who share your passion for knitting and crocheting. Come join us today! Location: Senior Room

<u>Day Time Price</u> Fri 10am-12pm FREE

Medicare 101

6316, TTY 711.

Join Theresa Seil to learn the basics of Medicare! Learn about the eligibility requirements of Medicare, Medicare Parts A, B, C and D, and Medicare costs and benefits. We discuss Part D prescription drug coverage, Medigap and Medicare Advantage Plans. This is an educational session for people turning age 65 or anyone already participating in Medicare! Theresa is a Licensed Insurance Broker affiliated with Maust & Leone. Wed, Sept. 24, 2025 6:30-7:30pm FREE, FREE, FREE! Please register: theres@maustandleone.com or call/text 585-507-

Beginner Line Dancing

Have you been interested in learning to Line Dance but never took the time or wanted to spend the money to do it? Well now is your opportunity! All you need is an hour of time to learn the basics of line dancing in a comfortable, friendly environment. All ages are welcome and all you need to bring is a willingness to learn and some comfortable shoes.

Location: Large Activity Room #3.

| Day | Time | <u>Price</u> |
|-----|-----------|--------------|
| Wed | 9:30-11am | <u> </u> |

Bingo

Join us for senior bingo. Each session will include four rounds of bingo, a sub tray for a lite lunch and prizes will be awarded!

*Donations for prizes accepted

Location: Senior Rm

| Day | Date | Time | <u>Price</u> |
|-----|-------|---------|--------------|
| Tué | 9/16 | 11:15am | \$2 per card |
| Tue | 10/14 | 11:15am | \$2 per card |
| Tue | 11/18 | 11:15am | \$2 per card |

The Sweden Comfort Quilters

Can you tie a knot? That's all the expertise you need to help us make quilts for homeless, battered and needy families in our area. All ages welcome.

Location: Large Activity Rm #3

Day Time Mon 9am-12 pm

Open Tai Chi

Tai Chi is primarily practiced today to improve health, increase energy, as moving meditation helps quiet and focus the mind. Its slow movements allow even the stiffest and most tense person the opportunity to relax and strengthen their body without risk of strain or injury. Instructor: Jane Harr Location: LA Rm #1

Day Time Price

Mon & Fri 1pm \$1/class

Give-A-Lift Program

The Give-A-Lift Program offers transportation to individuals needing a way to and from **MEDICAL** appointments only and who are unable to secure a ride for themselves. Please give one week notice to allow a ride to be found. Anyone over the age of 18 qualifies to use Give-A-Lift. Call <u>Caren Scott at 585–681-0574</u> between 8am—4pm, Monday-Friday to schedule a ride or get more information on becoming a volunteer driver. **Drivers needed—please contact Life Span to help!**

REGISTRATION

Sweden/Clarkson Community

4927 Lake Road South, Brockport, NY, 14420 (585) 431-0090

| Forr | | |
|--------------|---|--|
| Registration | | |
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Do NOT use this form for Before/After School Registration, School Age Summer Camp.

These forms are available at the Sweden/Clarkson Community Center or online at www.swedenclarksonrec.recdesk.com

Registration Procedure: Please complete ALL information below or set up an account at

www.swedenclarksonrec.recdesk.com and pay online or in our office.

We accept: Cash, Check, Money Order, Credit -online only (VISA, MasterCard, Discover *additional processing fee applies).

Make checks payable to: Town of Sweden.

Return Form with Payment to: Sweden Clarkson Community Center, 4927 Lake Road S, Brockport, NY, 14420

| Info. |
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| Participant Name | D.O.B | Gender | Grade | Shirt/ | Program | Program | Price |
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| | | City: | | | Zip: | | |
| Home Phone: | Cell: | | /Carrier: | | | Work: | |
| | | | Text Alerts: | Yes | No | | |
| Email (add us to your co | ntact list to prevent going into ju | nk folder): | | | | | |
| Town of Sweden/Cla | rkson Resident (circle): | Yes | No | | | | |
| Emergency Contact/I | Pick-up: | | | Р | hone Nu | mber: | |
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Note

Please list any special needs /limitations/allergies/etc:

1 - - 4.

Would you like to Volunteer Coach? Yes No

Waiver of Participation

Waiver of Participation/Refund Policy/Photo Release:

Waiver/Refund Policy must be read and signed before registration is accepted. In consideration of your accepting my entry, and understanding that a certain amount of risk is inherent in some recreational programs, I hereby, for my child, my heirs, executors, and administrators, waive and release any and all rights and claims for damages lo rmy child may have against the Town of Sweden and its representatives, successors, and assigns and/or Town of Clarkson and its representatives, successors, and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups or at any recreation facility, including the skate park. I also fully realize that I must provide proper medical and hospital coverage. Furthermore, in the event a refund is granted for myself or my child for whatever reason with the activities stated, I do hereby authorize the Town of Sweden to execute a refund voucher on my behalf and submit for payment under the terms and conditions set forth in the Sweden Clarkson Recreation Department Refund Policy. Refunds are subject to processing fee. Refund Policy: Please refer to our brochure. Photo Release: I understand that photos may be taken of participants during the activity. These photos will become the property of the Town of Sweden and Recreation Department and may be used to promote the program and department.

| Signature: | _ Date: |
|------------------|---------|
| Staff Signature: | Date: |

Community Center

| | 1st Hour | 1st Hour | Additional | | 1st Hour | 1st Hour | Additional |
|-----------------|-----------|------------|------------|---------------------|----------|----------|------------|
| Space Available | Resident | Non- | Hour | Space Available | Resident | Non- | Hour |
| • | | Resident | | | | Resident | |
| Full /Half Gym | \$80/\$50 | \$155/\$80 | \$55/\$25 | Large Activity Room | \$35 | \$45 | \$15 |
| | | | | | | | |
| Cafeteria Only | \$40 | \$50 | \$15 | Small Activity Room | \$30 | \$40 | \$15 |
| | | | | | | | |

Sweden Town Park—Redman Road

| Park Available | Resident Fees | Non-Resident | Field Preparation Security Deposit | Amenities | Whom to Call |
|---|--|---|---|---|------------------------|
| Sweden Park Redman Rd | Football \$50/field Other \$30/field 3 hour block | Football \$75/field Other \$50/field 3 hour block | Football \$50 All Others \$20 Per Field Per Day | Football, soccer Lacrosse, softball baseball fields | Rec Dept. 431-0090 |
| Sweden Park Lighted Field | \$75/field 3 hour block | \$100/field 3 hour block | \$20/field Per day | Lighted multi-purpose field | Rec Dept. 431-0090 |
| Nietopski Field | \$50/3 hours | \$75/3 hours | \$50/day | Showcase Baseball field | Rec Dept. 431-0090 |
| Nietopski Concession w/ Pavilion #2 | \$50/day | \$65/day | \$25 Security deposit needs to be a check | Grill, sink, coolers fridge/freezer/ restrooms | Rec Dept. 431-0090 |
| Covered Pavilion #1 | \$25/day | \$35/day | | Grill/picnic tables | Rec Dept. 431-0090 |
| Lodge | Mon-Thu \$150/day Fri-Sun \$200/day | Mon-Thu \$175/day Fri-Sun \$250.00/day | \$175 refundable Security deposit needs to be a check or mon- ey order | Heat/AC Lodge. Party capacity- 99 plus outdoor area, kitchen, tables, chairs, fireplace, restrooms | Rec. Dept. 431-0090 |
| Splash Pad | For information please visit www.swedenclarkson rec.recdesk.com | | | | Rec. Dept. 431-0090 |

Clarkson Parks

| Park Available | Resident Fees | Non-Resident | Field Prep/ Security Deposit | Amenities | Whom to Call |
|--|--|---|---------------------------------|--|------------------------------------|
| Clarkson The Lodge at Kimball Park | \$225/day 10am—10 pm | \$225/day 10am—10 pm | N/A | Kitchen, restrooms playground, tables chairs, accessible | Clarkson Town Clerk 637-1130 |
| Goodwin Lodge Hafner Park | \$200/day 10 am—10 pm | \$200/day 10 am– 10 pm | N/A | Kitchen, restrooms playground, tables chairs, accessible | Clarkson Town Clerk 637-1130 |
| Clarkson Hafner Park | Football \$50/field Other \$30/field for 3 hour block | Football \$75/field All others \$50/field for 3 hour block | N/A | Football, soccer Lacrosse, softball, baseball fields | Rec Dept. 431-0090 |
| Clarkson Kimball Park | \$30/field for 3 hours 8 am- 10 pm | \$50/field for 3 hours 8 am—10 pm | N/A | Softball fields, lacrosse | Rec Dept. 431-0090 |
| San Soucie Park | FREE No reservations available | FREE No reservations available | N/A | Located on Erie Canal, Clarkson | Clarkson Town Clerk 637-1130 |