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**WINTER 2019**



**Sweden Clarkson Community Center**  
4927 Lake Road South, Sweden  
Phone: 585-431-0090 Fax: 585-431-0052  
[www.swedenclarksonrec.com](http://www.swedenclarksonrec.com)

**Registration Policy**

To register for S/C Recreation Programs, payment must be submitted with a completed registration form for each participant and program. Please register early to avoid cancellation of programs. In the case of sports programs, participants/teams must meet registration deadline. Registrations accepted via mail, fax, e-mail or on-line.

**Non-Resident Policy**

Any person not residing in the Towns of Sweden or Clarkson may be charged an additional fee. Fees will be listed under program pricing.

**Credit/Refund Policy**

Refunds will be given upon request to anyone who cancels from a program at least one week (5 business days) prior to the start of the program or in the case of sports programs, 3 weeks prior to the 1st practice. There will be no refunds given for a program once it has begun, unless it is cancelled by the Recreation Department. A refund may be allowed in the event of illness or injury if a doctor's note is provided. All refunds are subject to a \$10 processing fee per person/per program. Certain programs, such as the fitness center are non-refundable.

**Gift Certificates**

Gift Certificates are for Sweden/Clarkson Recreation Department programs only and cannot be redeemed for cash or refund to a credit card.

**Financial Assistance/Scholarships**

Financial assistance and scholarships are available prior to registration for a program. Grant applications will be reviewed upon receipt of completed application, requested documentation and completed registration form.

**Videotaping**

No videotaping is permitted in the Comm Ctr without the advance written permission of the Recreation Director.

**Locker Rooms and Lockers**

There are locker rooms and shower available for use by our fitness center members. Lockers available on a daily basis. Locks available upon request.

**Weather Cancellation Hotline**

Program status is updated on the 24-hour Information at 585-431-0085. The hotline is updated by 4:30 pm daily. Facility Closing Information is sent to News Channel 13, 10, 8 & Spectrum News.

**Payment Options**

Payments for programs may be made by cash, check or if using our on-line system by credit card.

**Community Center Hours**

Jan. 2nd - Mar. 31st M-Th 6am-9pm  
 Fri - 6am-8pm  
 Sat - 8am-5pm  
 Sun - 8am-3pm  
 Closed - Jan. 1st

**Directory**

Recreation Supervisor Jill Wisnowski 431-0050  
 jillw@townofsweden.org  
 Recreation Assistant Joe Kincaid 431-0088  
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**Sweden Town Board**

Supervisor Kevin Johnson 637-7588  
 Councilperson Patricia Hayles  
 Councilperson Robert Muesebeck  
 Councilperson Mary Rich  
 Councilperson Lori Skoog

**Clarkson Town Board**

Supervisor Jerry Underwood 637-1131  
 Councilperson Patrick Didas  
 Councilperson Christa Filipowicz  
 Councilperson Allan Hoy  
 Councilperson Jackie Smith

**Facebook**

Like us on Facebook at Sweden Clarkson Recreation

**Website**

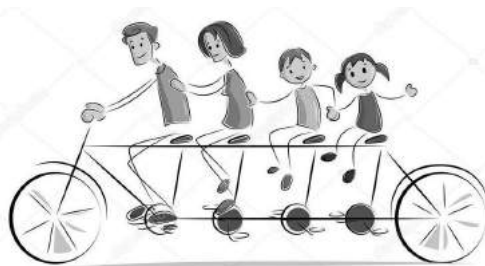
www.swedenclarksonrec.recdesk.com

**“Like is like riding a bicycle. To keep your balance you must keep moving.”**

This quote is credited to Albert Einstein however; it applies to all of us. With the programs offered beginning in January at the Sweden/Clarkson Community Center by our Recreation Department we are introducing initiatives to create a Culture of Healthy Living in our communities. This will be a five to ten year program which will be rolled out in manageable increments. We want to encourage healthy life for you and your family.

Thank you to all of our residents who participated in the survey conducted during July. The results showed a high level of satisfaction with our recreation programs. We also learned that over 80% of participants consider our programs an influence in a healthy lifestyle. We will work hard to continue to offer programs that will encourage healthy living to more of our residents. Check out the icons included in this edition of the *Scoreboard* that encourage you to get the variety of exercise needed to improve your physical health.

We also want to encourage residents to make use of the natural and semi-natural resources in our community. This could include walks, snowshoeing, sledding or ski lessons in North Hampton Park. Or a regular walk or bike ride along the Erie Canal or the shore of Lake Ontario. I have found that small shifts in habits can have the greatest impact. If you were to take a moderate 15 mi-



nute walk each day, five days per week for a year, this would equate to losing over 6 pounds.

We are working to connect the dots between many existing organizations to build a healthier community. Together we can make the greatest impact. One of the first collaborative efforts will be with URMC and their offering of a Healthy Living Program at the Community Center. This class includes nutrition tips and exercise options for chronic disease prevention.

We have a great staff at the Community Center who works hard to offer and run programs for you and your family including programs at the Center, the Sweden Town Park, the Brockport Central Pool, the Clarkson Park Facilities including their new outdoor pickle ball courts and more. It is this staff and the leadership in the Towns of Sweden and Clarkson and you, the taxpayers, who make these programs possible. I would encourage you to make use of all that is available in your community for you and your family. Join us as we begin to develop a Culture of Healthy Living for residents of all ages.

*Patricia Hayles, Town of Sweden Board Member & Liaison to the Sweden Clarkson Community Center*

**From the Recreation Department**



**Jill Wisnowski**

The snow has arrived early! Please don't let it keep you housebound. The Community Center is **the** place to be all winter long. We have scheduled two family fun events —a roller skating/pizza party and a movie night (check them out on the back of the brochure). We have many new programs this session. For kids consider Tot or Youth Zumba Stretch, Fortnite Battle Royale Playstation 4, Spaghetti and Meatball cooking night, and school recess day trips. We are also collaborating with Northampton Park for ski and snowboarding lessons and a two-day camp.

For adults why not try Cricut 101 or Etsy Basics? New for seniors are Chair Volleyball, Get to Know Your Smartphone, AARP Smart Drivers and a bus shopping trip to the Niagara Outlets.

Before I get to fitness, I want to remind you that our Town Parks are open all winter long. Go there for skating, cross-country

skiing, hiking, or just playing in the snow. There's a new playground at Sweden Town Park on Redman Road. Yes, you can play on playgrounds in the winter! And our Lodges are all available for rent. We know you have family gatherings during the winter. Our new Lodge on Redman Road has a beautiful gas fireplace to set the winter mood.

Now for fitness, as mentioned above, we're trying to encourage your Healthy Lifestyle. You will notice the following icons on some of our fitness program descriptions to help guide you. We have not labelled all of our fitness programs, we are just getting started, but these icons will help you when making fitness program choices. Mostly, we want you to be active in every way and have fun! If you have any questions, please call 431-0090.

-  **Relax**
-  **Cardio**
-  **Strength**
-  **Stretch**

**Little Steps Play and Learn**

Do you have a toddler between the ages of 2-4? Would you like some free time to grocery shop, meet a friend or workout? Then come join Miss Mary (NYS certified teacher) for simple routines, story time, arts and crafts and enriching games in a place where creativity encourages learning, caring encourages friendships and a loving environment encourages social and emotional growth. Space is limited, sign up early. \*Need not be potty-trained. Maximum 10 students per session.

Day	Date	Time	Price
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Session I Program #4124-A

M/W	1/23-3/4	12:15-1:30pm	\$44R/\$49NR
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**\*No Class 2/18 & 2/20**

Session II Program #4124-B

M/W	3/6-4/10	12:15-1:30pm	\$44R/\$49NR
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**\*No Class 4/8**

**\*NEW Tot Zumba and Stretch**

Come join new instructor Maddie O'Mara in a fun class revolving around basic dance stretches and beginner Zumba. Be sure to sign your child up for this awesome beginner class! Min: 3 Max:8

Tot Ages: 3-5 Location: Large Activity Room #1

Day	Date	Time	Price
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Program # 4125-A

Mon	2/4-2/25	4:30-5:15pm	\$25R/\$30NR
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**Madden NFL 2019 Tournament - PlayStation 4**

Think you're the best Madden player around? Come test your skills in a bracket style tournament. Everyone is guaranteed at least two games, pizza, and drinks!

Ages: 10-16 Min: 4 Max: 8

Location: SCCC Conference room

Day	Date	Time	Price
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Program # 4125-B

Thu	2/21	5-9pm	\$10R/\$15NR
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**\*NEW Youth Zumba and Stretch**

Come join new instructor Maddie O'Mara in a fun class revolving around basic dance stretches and beginner Zumba. Be sure to sign your child up for this awesome beginner class! Min: 3 Max:8

Ages: 6-8 Location: Large Activity Room #1

Day	Date	Time	Price
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Program #4125-C

Tues	2/5-2/26	4:30-5:15pm	\$25R/\$30NR
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**Youth Arts and Crafts**

Come join staff member Tim Manuszewski in creating a variety of different arts and crafts! We will work on a different project each week. Some of your pieces can be taken home that night! Be sure to wear an old shirt or a smock.

Ages: 5-9 Max: 8 NEW DAY OF WEEK!

Location: SCCC Cafeteria

Day	Date	Time	Price
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Session I Program #4125-D

Thu	1/10-1/31	6-6:45pm	\$13R/\$18NR
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Session II Program #4125-E

Thu	2/7-3/7	6-6:45pm	\$13R/\$18NR
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**\*No Class 2/14**

**\*NEW Spaghetti & Meatball Night**

Sign your child up to assist staff member Tim Manuszewski in making a wonderful spaghetti dinner with homemade meatballs! Your child will assist with making the meatballs by gathering and adding the correct measurement of each ingredient, mixing them together and then finally rolling them and placing them on a pan. Tim will handle everything related to the stove top and oven for the safety precautions. Be sure to bring your children hungry!

Ages: 6-11 Max: 6 Location: SCCC Cafeteria

Day	Date	Time	Price
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Session I Program #4126-A

Mon	1/14	5-6:15pm	\$10R/\$15NR
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Session II Program #4126-B

Mon	3/4	5-6:15pm	\$10R/\$15NR
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**\*NEW Fortnite Battle Royale-PlayStation 4**

Test your building skills and strategic decision making in our first ever Fortnite competition! Players will be rewarded for their placement in Solo Battles as well as the number of eliminations they have. Pizza and drinks will be served. Be sure to sign up quickly! Ages: 10-16 Min: 4 Max: 8

Location: SCCC Conference room

Day	Date	Time	Price
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Program # 4126-C

Mon	1/21	5-9pm	\$10R/\$15NR
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Program # 4126-D

Mon	2/18	5-9pm	\$10R/\$15NR
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**\*NEW Fun with Food**

For picky eaters 5-10 years old and their parents.

Children will have fun playing with and preparing foods. Parents will learn strategies to help ease the stress of mealtimes and battles over food. Class is open to all abilities, including children with Autism. Instructor: Jan Steuart, MS SpEd

Min: 4 families Max: 8 families

Location: SCCC Cafeteria/Kitchen

Day	Date	Time	Price
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Program #4126-E

Tues	1/8-2/12	6:30-7:30pm	\$120R/\$125NR
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## Before and After School Drop-in Program

It is our pleasure to offer a safe and fun before and after school drop in program! Your child will participate in a variety of activities including board games, crafts, gym games and more!

This program is designed for student's kindergarten to sixth grade. Children may be dropped off at the community center as early as **6:30 AM** and picked up after school no later than **6:00**

**PM.** Parents must contact the Brockport Central Schools Transportation Office, (585) 637-1880, in order to arrange transportation for their child.

Before and After School rates are as follows:

### Daily Rates:

Before **OR** After School- **\$9.00**

Before **AND** After School- **\$18.00**

### Weekly Rates:

Before **OR** After School- **\$40.00**

Before **AND** After School- **\$80.00**

**\*\*When registering the week of, you will pay the daily rate (\$9/\$18)\*\***



## \*NEW School Recess Day Trips - Safe, Fun, Affordable!

We are here for the coverage you need over school breaks! We will be taking trips and hosting events in house so your kids are never bored on their breaks. Below is a list of the trips/activities that we have planned.

Grades: K-8<sup>th</sup>      Location: SCCC      Min: 10      Max: 35

Days	Dates	Time	Trip	Price	
Mon	1/21/19	8 am-4 pm	Clubhouse Greece	\$40	Program #4127-A
Mon	2/18/19	8 am-4 pm	Altitude	\$40	Program #4127-B
Tue	2/19/19	8 am-4 pm	Gym Games & Pizza	\$40	Program #4127-C
Wed	2/20/19	8 am-4 pm	Glacier Ridge Snow Tubing	\$40	Program #4127-D
Thu	2/21/19	8 am-4 pm	Foam Dart Battles w/ Roc Foam Dart League	\$40	Program #4127-E
Fri	2/22 /19	8 am-4 pm	Horizon Fun FX	\$40	Program #4127-F
Fri	3/22/19	8 am-4 pm	Sky Zone	\$40	Program #4127-G

**\*\*Register for all of them for \$250!\*\***

### Instructional Tot T-ball

Is your tot interested in learning the basics of T-ball? Come join Coach George! We will learn hitting, throwing, catching and more. This four-week class is designed to help your child gain a great foundation for the game of t-ball. Instructor: George Kimball Ages: 4-6 Max: 8 Location: SCCC Gym

Day	Date	Time	Price
Program #4128-K			
Mon	1/7-1/28	5-5:45 pm	\$28R/\$33NR

### Instructional Youth Baseball



This class will help your child refine their skills and Improve as an overall player. Coach George will review the basics of the game while also teaching a series of drills that they can use on their own.

Ages: 7-11. Max: 10 Location: SCCC Gym

Day	Date	Time	Price
Program #4128-A			
Mon	1/7-1/28	6-6:45 pm	\$35R/\$40NR

### Learn To Skate

Join the Campus Recreation Instructional Program staff at the College at Brockport and learn to ice skate! Participants are split up into age groups dependent on skill level. Instruction includes safety, skating posture, balance, proper use of equipment, and other skating skills. Participants are able to skate for free after session during the Public Skate. Ages 5-adult. Max 30 Location: Tuttle Ice Arena at the College at Brockport \*\*Skate Rentals are available for \$18.00 for 6 weeks.

Day	Date	Time	Price
Program # 4128-B			
Sun	1/27-3/3	2-3pm	\$77

### Judo (Juniors)

Join Janet Johnson in a program designed to teach basic techniques and understanding of Kodokan Judo philosophy and principles. Please bring a judo gi if you already have one. They will also be available through purchase from the instructor. Ages 6-16

Location: Cooper Hall at the College at Brockport

Day	Date	Time	Price
Program #4128-C			
Tue/Thu	1/8-3/7	6-7pm	\$105

### Painting for Young Beginners

This class will be fun, easy and colorful for the little artist inside you! Supplies will be included. \*Please come to class 15 minutes early and bring an old shirt or apron with you\* Instructor: Local Artist Erin Lawrenz Ages: 8 and up Location: SCCC Lounge

Days	Dates	Time	Price
Program #4128-D			
Sat	1/5 or 2/16	12-2 pm	\$25R/\$30NR/class

### Instructional Tot-Multi Sports



Does your tot want to be a well-rounded athlete? Join coach George as he introduces a new sport every Monday. Your child will learn the basics and gain a great foundation to four new sports.

Instructor: George Kimball Location: SCCC Gym

Week 1- Football	Week 2- Basketball
Week 3- T-Ball	Week 4- Soccer

Ages: 4-6 Max: 8

Day	Date	Time	Price
Program #4128-E			
Mon	2/11-3/4	5-5:45 pm	\$28R/\$33NR

### Instructional Youth-Multi Sports

Does your tot want to be a well-rounded athlete? Join coach George as he introduces a new sport every Monday. Your child will learn the basics and gain a great foundation to four new sports.

Instructor: George Kimball Location: SCCC Gym

Week 1- Football	Week 2- Basketball
Week 3- T-Ball	Week 4- Soccer

Ages: 7-11 Max: 8

Day	Date	Time	Price
Program #4128-F			
Mon	2/11-3/4	6-6:45 pm	\$35R/\$40NR

### Youth Instructional Pickleball



Is your child interested in learning the basic skills to pickleball? Come Join us to get a grasp on this growing sport and learn how to serve, hit the ball with forehand and back hand, and all the other skills it takes to become familiar with the game!

Ages: 8-11 Max: 8 Location: SCCC Gym

Day	Date	Time	Price
Program #4128-G			
Tue	1/8-1/29	5-5:45 pm	\$20R/\$25NR

### 3 on 3 Basketball Tournament

Do you have the best team around? Take on others in a 3 on 3 basketball tournament! There will be three age divisions. All ages will be co-ed.

Registration deadline: March 7th \*You must register a complete team\*

Day	Date	Time	Price
Sat	3/9	10 am-4pm	\$25 per team
10-13 year old's: 10 am Program #4128-H			
14-17 year old's: TBD Program #4128-I			
18+: TBD Program #4128-J			

**\*NEW North Hampton Ski Lesson Program**



\$85.00 includes lessons, rental, lift (Helmets are not included and available at the lodge for an additional charge. Bicycle helmets are acceptable. (Please include shoe size when registering )

Session and Dates 3 Time Lesson Programs

Day	Date	Time	Price
Session I Program #4129-A			
Wed	1/2, 1/9, 1/16	6:00pm	\$85R/\$95NR
Session II Program # 4129-B			
Wed	1/23, 1/30, 2/6	6:00pm	\$85R/\$95NR

Day	Date	Time	Price
Session III Program #4129-C			
Thu	1/3, 1/10, 1/17	6:00pm	\$85R/\$95NR
Session IV Program #4129-D			
Thu	1/24, 1/31, 2/7	6:00pm	\$85R/\$95NR

Day	Date	Time	Price
Session V Program #4129-E			
Sat	1/5, 1/12, 1/19	11:30am	\$85R/\$95NR
Session VI Program #4129-F			
Sat	1/5, 1/12, 1/19	1:30pm	\$85R/\$95NR

Day	Date	Time	Price
Session VII Program #4129-G			
Sat	1/26, 2/2, 2/9	11:30am	\$85R/\$95NR
Session VIII Program # 4129-H			
Sat	1/26, 2/2, 2/9	1:30pm	\$85R/\$95NR

Day	Date	Time	Price
Session IX Program #4129-I			
Sun	1/6, 1/13, 1/20	11:30am	\$85R/\$95NR
Session X Program #4129-J			
Sun	1/6, 1/13, 1/20	1:30pm	\$85R/\$95NR

Day	Date	Time	Price
Session XI Program #4129-K			
Sun	1/27, 2/3, 2/10	11:30am	\$85R/\$95NR
Session XII Program #4129-L			
Sun	1/27, 2/3, 2/10	1:30pm	\$85R/\$95NR

**\*NEW Northampton Ski/Snowboard 2 Day Camp**



Includes learn to ski/snowboard lesson with rentals, lodge activities and lunch is provided for each day. Rental helmets are an additional charge at the lodge.

Day	Date	Time	Price
Program #4129-M			
W & Thu	12/26 & 12/27	9am-5pm	\$169R/\$174NR
Program #4129-N			
M & Tue	12/31 & 1/1	9am-5pm	\$169R/\$174NR

**Babysitters Training**

This class teaches participants the roles and responsibilities of a babysitter and includes skills in: accident prevention, first aid and abdominal thrusts for choking victims. Participants receive a workbook and a certification card upon completion. Please bring a bagged lunch and a self-addressed envelope.

Location: SCCC conference room.

Ages 11+

Day	Date	Time	Price
Program #4130-A			
Fri	3/22	9am-2pm	\$52

**Home Alone Safety**

This two-hour class is designed to teach children ages 7-12, who are home alone, the importance of behaving responsibly. Topics include, but are not limited to: basic first aid tips, what to do when a stranger comes to the door, answering the telephone, internet safety and how to react during a variety of emergencies such as power outages and fires. Location: SCCC conference room.

Day	Date	Time	Price
Program #4130-B			
Mon	4/8	9am-11am	\$29

**Teens Homeschool Group**

Homeschooled kids age 13-17 meet weekly, year round, for socialization and recreation. Contact Jamie for more information - 585-205-3393.

**Photography for Beginners! (Youth)**

Do you have an interest in learning how to use a camera to take awesome pictures of your favorite things? Do you not have hundreds of dollars to spend on a camera along with a computer to edit your work? This class is the perfect opportunity to explore your interest using a Digital (DSLR) camera and editing your work on various editing software with no equipment needed! The Recreation staff Andre Calzone will bring his camera along with his computer and editing software to instruct the proper use of each. The class is intended for a novice who is interested in learning the fundamentals of how digital camera's work along with editing the work you create. At the end of the four-week session, participants will have 3 printed Pieces of work as well as homemade frames made in class to house the pictures you've decided to print off. Youth (Ages 10-13)

Day	Date	Time	Price
Program #4130-C			
Mon	1/14-2/11	6-6:45pm	\$32R/\$37NR

# Soccer Season 2019-think ahead to Spring!

Please fill out and return this ticket if you are interested in coaching.

Name \_\_\_\_\_ Sport \_\_\_\_\_

Phone number \_\_\_\_\_ email \_\_\_\_\_

*Cut out and attach to your child's registration form.*

## GENERAL INFORMATION

What is MURSL? It is the Monroe United Recreation Soccer League, a recreational youth soccer league where the focus is fairness, character and good sportsmanship. Visit [MURSL.org](http://MURSL.org) to find league rules and information; coaches and contact lists; field information and schedules. Participation in this league requires travel to other towns for games.

**Important!** U-4 - U-12 as of January 1, 2019 determines level of play! A copy of your child's birth certificate is required with registration.

**Attention!** Volunteer coaches and referees needed!

**Deadline!** The registration deadline is March 18th

## U-4 SOCCER (Ages 3 & 4)

Program #4131-A  
Wednesdays at 6:30 pm June & July  
Fee: \$35R/\$40NR

All games are played at the Community Center, 4927 Lake Road Brockport, NY 14420

## U-6 SOCCER (Ages 5 & 6)

Program #4131-B  
Mondays at 6:30 pm June & July  
Fee: \$35R/\$40NR

All games are played at the Community Center, 4927 Lake Road Brockport, NY 14420

## U-8 GIRLS SOCCER (Ages 7 & 8)

Program #4131-C  
Tuesdays/Thursdays June/July  
Games at 6 pm and 7:15 pm  
Fee: \$49R/\$54NR

Home games played at Community Center 4927 Lake Road, Brockport, NY 14420. **\*Away games travel to play at other local town facilities.**

## U-8 BOYS SOCCER (Ages 7 & 8)

Program #4131-D  
Mondays/Wednesdays  
June/July  
Games at 6 pm and 7:15 pm  
Fee: \$49R/\$54NR  
Home games played at Community Center 4927 Lake Road, Brockport, NY 14420. **\*Away games travel to play at other local town facilities.**

## U-10 GIRLS SOCCER (Ages 9 & 10)

Program # 4131-E  
Tuesdays/Thursdays  
End of May through July  
Fee: \$69R/\$74NR  
Home games played at Sweden Town Park, away games travel to play at other local town facilities.

## U-10 BOYS SOCCER (Ages 9 & 10)

Program #4131-F  
Mondays/Wednesdays  
End of May through July  
Fee: \$69R/\$74NR  
Home games played at Sweden Town Park, away games travel to play at other local town facilities.

## U-13 GIRLS SOCCER (Ages 11-13)

Program #4131-G  
Tuesdays/Thursdays  
End of May through July  
Fee: \$74R/\$79NR  
Home games played at Sweden Town Park, away games travel to play at other local town facilities.

## U-13 BOYS SOCCER (Ages 11-13)

Program #4131-H  
Mondays/Wednesdays  
End of May through July  
Fee: \$74R/\$79NR  
Home games played at Sweden Town Park, away games travel to play at other local town facilities.



# Summer baseball & softball—batter's up!

## GENERAL INFORMATION

Our baseball/softball program requires travel to other towns. Our home games are played at the Sweden Town Park, Redman Road.

**Important!** Age as of May 1 determines level of play. A copy of your child's birth certificate is required for all levels of play.

**Attention!** Volunteer coaches are needed for all levels of play.

**NEW Deadline!** The registration deadline is February 1st.

\*There will be a \$10 additional fee for late registrations!

**Pony level registration deadline is April 30.**

**Umpires Needed** - Paid position for 16+

## ONE BASE T-BALL (Ages 3 & 4)

Program #4132-A  
Saturdays  
May & June  
Fee: \$35R/\$40NR

## COED T-BALL (Ages 5 & 6)

Program #ONE BASE T-BALL (Ages 3 & 4)  
Program #4132-B  
Saturdays  
May & June  
Fee: \$35R/\$40NR

## COED JUNIORS (Ages 7 & 8)

Program #4132-C  
Tuesday/Thursday/Saturday  
May, June & July  
Fee: \$57R/\$62NR

## BOYS MINOR (Ages 9 & 10)

Program #4132-D  
Tuesday/Thursday/Saturday  
May, June & July  
Fee: \$70R/\$75NR  
**Mandatory Evaluation Day: Saturday, March 23rd (If Needed)** from 9am to 11:30am  
Location: SCCC

## BOYS MAJOR (Ages 11 & 12)

Program #4132-E  
Tuesday/Thursday/Saturday  
May, June & July  
Fee: \$79R/\$84NR  
**Mandatory Evaluation Day: Saturday, March 23rd (If Needed)** from 11:30am to 1pm  
Location: SCCC.

## GIRLS SOFTBALL (Ages 9-12)

Program #4132-F  
Monday/Wednesday/Saturday  
May & June  
Fee: \$79R/\$84NR  
**Mandatory Evaluation Day: Saturday, March 23rd (If Needed)** from 1pm to 2:30pm  
Location: SCCC.

## BOYS PONY LEAGUE (Ages 13 & 15)

Program #4132-G  
Tuesday/Thursday/Saturday  
June– August  
Fee: \$90R/\$95NR  
Registration deadline: April 30.  
\*There will be a \$10 additional fee for late registrations!



## Private Baseball Lessons

Does your child want to get serious about becoming a quality baseball player? Well we have the answer for you! Recreation Assistant Tim Manuszewski can help teach your child with one-on-one instruction about both the mental and physical aspects of the game. We can go over infield, outfield, pitching, catching, hitting, and even base running. Both recreation and travel players are welcome!

Instructor: R.A. Tim Manuszewski  
Location: SCCC Gym  
Program #4132-H  
Day/Date/Time: By appointment only  
Price: \$10/hour

# AQUATICS PROGRAMS

## Tot Swim

A swim class for those wee little ones who are not very familiar with the water. In this class, we will learn to enter the pool safely, get our face completely wet, blow bubbles with mouth and nose, back float, front float and hold onto the side of the pool independently. Parents are required to enter pool with child for participation & interaction.

Infant—4 years old. Max 8.

Day	Date	Time	Price
Session I Program #4133-A			
Wed	1/23-3/6	7-7:30pm	\$55R/\$60NR
Session II Program #4133-B			
Sat	1/26-3/9	11-11:30am	\$55R/\$60NR

**\*No Class 2/20 & 2/23**

## Level I Tetras

Children in this group will work on entering and exiting the pool safely, submerging, changing direction while walking or swimming, floating on front & back and swimming on front & back with support. Ages 5+. Max 6.

Day	Date	Time	Price
Session I Program #4133-C			
Wed	1/23-3/6	7-7:45pm	\$58R/\$63NR
Session II Program #4133-D			
Sat	1/26-3/9	11-11:45am	\$58R/\$63NR

**\*No Class 2/20 & 2/23**

## Level II Trout

Children in this group will learn to enter water by stepping or jumping from the side, exit water safely using ladder or side, submerging, rhythmic breathing, opening eyes underwater, picking up objects in shallow water, front and back glide, treading water and swimming on front, back and side using arm and leg motions. Ages 5+. Max 6.

Day	Date	Time	Price
Session I Program #4133-E			
Wed	1/23-3/6	7-7:45pm	\$58R/\$63NR
Session II Program #4133-F			
Sat	1/26-3/9	11-11:45am	\$58R/\$63NR

**\*No Class 2/20 & 2/23**

## Level III Goldfish

Children will work on jumping into deep water from the side, submerging and picking up an object in chest deep water, floating in deep water, treading water using hand and leg motions and front and back crawl. Max. 6.

Day	Date	Time	Price
Session I Program #4133-G			
Wed	1/23-3/6	7:45-8:30pm	\$58R/\$63NR
Session II Program #4133-H			
Sat	1/26-3/9	12-12:45pm	\$58R/\$63NR

**\*No Class 2/20 & 2/23**

## Level IV Yellow Fins

Children in this group will work on performing a dive from a standing position, swimming underwater, performing feet-first surface dive, treading water with different arm and leg motions, front crawl, breaststroke, butterfly, elementary backstroke and swimming on side using scissor kicks. Max. 6.

Day	Date	Time	Price
Session I Program #4133-I			
Wed	1/23-3/6	7:45-8:30pm	\$58R/\$63NR
Session II Program #4133-J			
Sat	1/26-3/9	12-12:45pm	\$58R/\$63NR

**\*No Class 2/20 & 2/23**

## Level V Barracuda

Children in this group will work on standing dive, shallow dive, surface dive, front flip turn, backstroke flip turn, front and back crawl, butterfly, breaststroke, elementary backstroke, sidestroke, treading water with two different kicks and survival swimming. Max. 6.

Day	Date	Time	Price
Session I Program #4133-K			
Wed	1/23-3/6	7:45-8:30pm	\$58R/\$63NR
Session II Program #4133-L			
Sat	1/26-3/9	12-12:45pm	\$58R/\$63NR

**\*No Class 2/20 & 2/23**



# YOUTH REGISTRATION FORM

4927 Lake Road Brockport, NY 14420 Phone:(585)431-0090 Fax:431-0052 Web:  
swedenclarksonrec.com

Name	Birthdate	Gender	Pant/Shirt Size	Program Name	Program #	Cost
Make Checks Payable To: <b>*Town of Sweden*</b>						Total

## Medical Information:

Name	Please list any allergies, behavioral or medical issues your child's coach should be aware of to make your child's experience as positive as possible.

## Household Information:

Email	Home Phone	Cell Phone	Work Phone
Address	City	State	Zip

## Emergency Contact Name:

Relationship to Child	Home Phone	Cell Phone	Work Phone
Address	City	State	Zip

### Waiver of Participation/Refund Policy/Photo Release:

**Waiver/Refund Policy must be read and signed before registration is accepted.** In consideration of your accepting my entry, and understanding that a certain amount of risk is inherent in some recreational programs, I hereby, for my child, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I or my child may have against the Town of Sweden and its representatives, successors, and assigns and/or Town of Clarkson and its representatives, successors, and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups or at any recreation facility, including the skate park. I also fully realize that I must provide proper medical and hospital coverage. Furthermore, in the event a refund is granted for myself or my child for whatever reason with the activities stated, I do hereby authorize the Town of Sweden to execute a refund voucher on my behalf and submit for payment under the terms and conditions set forth in the Sweden Clarkson Recreation Department Refund Policy. Refunds are subject to processing fee. **Refund Policy:** Please refer to our brochure. **Photo Release:** I understand that photos may be taken of participants during the activity. These photos will become the property of the Town of Sweden and Recreation Department and may be used to promote the program and department.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please be sure to have entire form completed.

Incomplete payment or information will cause a processing delay for your child's registration.

Received By: \_\_\_\_\_ Date: \_\_\_\_\_

# ADULT REGISTRATION FORM

4927 Lake Road Brockport, NY 14420 Phone:(585)431-0090 Fax:431-0052

Web: swedenclarksonrec.com

**Participant Information:**

<b>Name</b>	<b>Birthdate</b>	<b>Gender</b>	<b>Phone</b>
<b>Address</b>	<b>City</b>	<b>State</b>	<b>Zip</b>

**Program Information:** (Use Y-S, Y-M, Y-L, A-S, A-M, A-L, A-XL for sizing)

Program Name	Program #	Shirt Size	Pant Size	Program Cost
<b>Make Checks Payable To: Town of Sweden</b>				

**Medical Information:**

<b>Allergy/Condition</b>	Please list any information we should be aware of to make your participation as enjoyable and safe as possible.

**Emergency Contact:**

<b>Name</b>	<b>Home Phone</b>	<b>Cell Phone</b>	<b>Work Phone</b>
<b>Address</b>	<b>City</b>	<b>State</b>	<b>Zip</b>

**Waiver of Participation/Refund Policy/Photo Release:**

**Waiver/Refund Policy must be read and signed before registration is accepted.** In consideration of your accepting my entry, and understanding that a certain amount of risk is inherent in some recreational programs, I hereby, for my child, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I or my child may have against the Town of Sweden and its representatives, successors, and assigns and/or Town of Clarkson and its representatives, successors, and assigns for any and all injuries suffered by myself or my child at any activity sponsored by these groups or at any recreation facility, including the skate park. I also fully realize that I must provide proper medical and hospital coverage. Furthermore, in the event a refund is granted for myself or my child for whatever reason with the activities stated, I do hereby authorize the Town of Sweden to execute a refund voucher on my behalf and submit for payment under the terms and conditions set forth in the Sweden Clarkson Recreation Department Refund Policy. Refunds are subject to processing fee. **Refund Policy:** Please refer to our brochure. **Photo Release:** I understand that photos may be taken of participants during the activity. These photos will become the property of the Town of Sweden and Recreation Department and may be used to promote the program and department.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Please be sure to have entire form completed.  
Incomplete payment or information will cause a processing delay for your registration.

**Received By:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**\*NEW Niagara Outlets**

Looking for a new place to shop? Come with us to the Niagara Outlets!  
We will take a trip there and you can shop till you drop!

Lunch will be on your own.

Day	Date	Time	Price
Tues	2/8/19	9 am-4 pm	\$5

**\*\*Please arrive 15 minutes prior to departure**

**Soup-er Bowl**

**Saturday, January 26th from 11am-1pm**

**\$5.00 Per Person Includes soup tasting, an apple & bread!**

Local restaurants will be donating soup.

Each person has an opportunity to vote for their favorite soup!



**Presented by Sweden Senior Association Inc.**

Event will be held at the Sweden Clarkson Community Center

4927 Lake Road Brockport, NY 14420

**Healthy Living Program**

Wednesday, January 16th - March 6th @ 9-10:30am FREE

This class includes nutrition tips and exercise options for  
chronic disease prevention for people 55+

Class will be offered at the community center

# ADULT PROGRAMS

## Body Sculpting



With upper and lower body working at the same time, you will get a complete body workout. This class will also work on balance, core and a bit of yoga for good measure. Instructor: Barb Whited. Ages: 16+. Location: Large Activity Room 3.

Day	Date	Time	Price
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Session I Program #4134-A

Wed	1/9-2/13	5:30-6:15pm	\$38R/\$43NR
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Session I Program #4134-B

Wed	2/27-4/10	5:30-6:15pm	\$44R/\$49NR
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**\*No Class 2/20**

## Yoga Stretch



This class will incorporate yoga poses with the emphasis on stretching. Gentle guidance into breathing awareness will lead you into deep relaxation. Please bring a yoga mat. Instructor: Barb Whited. Ages: 16+. Location: Large Activity Room 3

Day	Date	Time	Price
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Session I Program #4134-C

Wed	1/9-2/13	6:30-7:30pm	\$44R/\$49NR
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Session II Program #4134-D

Wed	2/27-4/10	6:30-7:30pm	\$50R/\$55NR
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**\*No Class 2/20**

## Vinyasa Flow Yoga



When life gets in the way and you're feeling stressed and tight, soothe your body and soul with this user-friendly yoga workout. Bring a yoga mat and blanket. Instructor: Barb Whited. Ages 16+. Location: Large Activity Rm 3

Day	Date	Time	Price
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Session I Program #4134-E

Mon	1/7-2/11	6:30-7:30pm	\$44R/\$49NR
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Session II Program #4134-F

Mon	2/25-4/8	6:30-7:30pm	\$28R/\$33NR
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**\*No Class 2/18**

## Tops & Bottoms



Join instructor Barb for her brand new fitness class! This class will define our shoulders, biceps, triceps, along with lifting and shaping our glutes! Location: Large activity room 3.

Day	Date	Time	Price
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Session I Program #4134-G

Mon	1/7-2/11	5:45-6:15pm	\$32R/\$37NR
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Session II Program #4134-H

Mon	2/25-4/8	5:45-6:15pm	\$37R/\$42NR
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**\*No Class 2/18**

## 2019 Fitness Center Memberships

Membership	1 month	3 month	1 year
Youth (16-18)	\$25	\$55	\$180
Senior (55+)	\$25	\$55	\$180
Adult (18-54)	\$30	\$70	\$240
Family (16+)*	\$80	\$190	\$645
Each add'l family	\$15	\$35	\$115

\*Family membership covers up to four people who reside at the same residence. Need help getting started with the equipment?

Call 431-0090 to set up appointment. \* Please Note: Fitness Center closes 15 minutes before community center.

Daily Rates for out-of-town guests: \$10 adult; \$8 senior

## Personal Training

If you need individual attention and a workout program designed for you, our personal training program is the right fit. Do you need help familiarizing yourself with the equipment? Sign up for a lesson with a personal trainer. A trainer will provide you with information, feedback, testing and a workout designed to meet your needs. Location: SCCC gym/fitness center. Ages 16+. Rates starting at \$10! 1 Session = \$30.00, 6 Sessions = \$150.00 Please contact Andre for more information and to schedule a session. Call 431-0087

## Abs & Glutes



This class is designed to focus on strength training and balance for the lower body. These workouts will include Barre (ballet inspired exercises) that are designed to focus on lean muscle development. Balance is also a strong part of the class focus. All fitness skill levels welcome! Instructor: Aimee Gonzalez Adult(16+)

Day	Date	Time	Price
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Program #4135-A

Thu	1/10-3/14	6-6:50pm	\$50R/\$55NR
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## HIIT & Harmony



This class is a great combination of interval training And stretching, which will leave you with a full Body workout! The first half of the class uses timed intervals to work through 10 different workouts involving core, cardio and Strength training. "Harmony" is where we incorporate Yoga into a 20 minute cool down focusing on breathing, flexibility and balance. This class is perfect for all fitness levels! Instructor: Aimee Gonzalez Adult (16+)

Location: Large Activity Rm I

Day	Date	Time	Price
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Program #4135-B

Tue	1/8-3/12	6-6:50pm	\$50R/\$55NR
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## Kickboxing



This is an instructor led group fitness routine which utilizes martial arts techniques, in addition to a combination of strength building and face paced for all levels! Come build stamina flexibility and coordination in a group fitness atmosphere!

Adult(16+)

Day	Date	Time	Price
Program #4135-C			
Sat	1/12-3/16	8:30-9:20am	\$50R/\$55NR

## Judo Intermediate/Advanced

Join Janet Johnson in a program designed to teach basic techniques and understanding of Kodokan Judo philosophy and principles. Please bring a judo gi if you already have one. They will also be available through purchase from the instructor.

Ages 16+

Location: Cooper Hall at the College at Brockport

Day	Date	Time	Price
Program #4135-D			
Tue/Thu	1/8-3/7	7-9pm	\$165

## Total Body Workout



Join instructor Chrisa Yaeger in a 45-minute class combining cardio, strength training and core work to get you into great shape. All fitness levels welcome. Optional \*\*\*\$5 per class.

Location SCCC Large activity room #2

Day	Date	Time	Price
Program #4135-E			
Mon & Wed	1/7-3/13	12:15-1pm	\$70R/\$75NR

**\*No Class 1/21,2/4,2/6,2/18**

## Doubles Pickleball Tournament

Want to show off your pickleball skills? Come join us for a coed bracket style double elimination pickleball tournament!

\*Must sign up as a team\*

**Everyone must sign up by 2/25**

Minimum of 4 teams

For a complete set of rules and tournament -style information, Contact George Kimball at [georgek@townofsweden.org](mailto:georgek@townofsweden.org)

Ages: 18+ Location: SCCC Gym

Day	Date	Time	Price
Program #4135-F			
Sat	3/2	12pm	\$20 per team

## \*NEW Cricut 101

Come learn the basics of the cricut machine. From designing cut files, using print to cut features, and making a craft yourself, this class will be a live and in action hands on tutorial. Each participant will have the chance to create a cut file and take home a craft. This class will be instructed by local craft shop owner, Aimee Gonzalez of Carry Me Boutique.

Day	Date	Time	Price
Program # 4135-G			
Wed	1/23	6-7:17pm	\$22R/\$27NR

## \*NEW Etsy Basics

This class will enter into the world of "How to set up, run, and manage an online Etsy shop." The course will have an entry level intro to many areas of etsy, including: Understanding Etsy finances, shop listings, increasing shop visits, promotions and coupons, and more. This class will be instructed by local craft shop owner, Aimee Gonzalez of Carry Me Boutique.

Day	Date	Time	Price
Program #4135-H			
Wed	2/13	6-7pm	\$20R/\$25NR

## Adult Men's Basketball League

Pick up your blank roster form at the S/C Community Center. The league will be 10 weeks (10 games), plus playoffs. **\*\*You must register a complete team\*\***

Ages: 18+

Location: S.C.C.C. Gym

Day	Date	Time	Price
Program #4135-I			
Wed	1/16-4/3	6-9pm	\$150

**\*\*There is also a \$20 Referee fee per game\*\***

## Co-ed Volleyball League

This league is fun and well rounded. Whether you have played for years or haven't ever been on a court, this is the league for you! Pick up your blank roster form at the S/C Community Center. The league will be 10 weeks (10 games), plus playoffs.

**\*\*You must register a complete team\*\***

Ages: 18+ Location: SCCC Gym

Day	Date	Time	Price
Program #4135-J			
Tue	1/15-4/2	6-9pm	\$150

**\*There is also a \$10 Ref fee per match**

## Open Tai Chi



Tai Chi is primarily practiced today to improve health, increase energy, as moving meditation helps quiet and focus the mind. Its slow movements allow even the stiffest and most tense person the opportunity to relax and strengthen their body without risk of strain or injury. Instructor: Jane Harr

Location: Large Activity Room 1

Day	Time	Price
Mon & Fri	1pm	\$1/class

## Tai Chi Beginner & Advanced 8-Week Course



Tai Chi is primarily practiced today to improve health and increase energy as moving meditation helps quiet and focus the mind. Its slow movements allow even the stiffest and most tense person the opportunity to relax and strengthen their body without risk of strain or injury. Instructor: Jane Harr.

Location: Large Activity Room 1

Price per session is \$40 for 18-59 years; \$33 for 60+.

Day	Date	Time	Price
Beginner Course Program #4136-A			
Monday	1/14-3/4	2-3 pm	\$40/\$33
Advanced Course Prior instruction recommended			
Advanced Course Program #4136-B			
Friday	1/18-3/8	2-3 pm	\$40/\$33

## Stretch & Tone



Looking for an easy and low-key class to get some deep stretches and feel better? This is for you! **Instructors: (Mon)** Joyce Henion

**(Thu)** Natalia Farnsworth - MSPT Agape Physical Therapy

Location: Large Activity Room 3

Day	Time	Price
Mondays	12-1pm	\$1
Thursdays	12-1pm	\$1

## Give-A-Lift Program

The Give-A-Lift Program offers transportation to individuals needing a way to and from appointments and who are unable to secure a ride for themselves. Anyone over the age of 18 qualifies to use Give-A-Lift. Call Bob at 455-1126 between 8am—4pm, Monday-Friday to schedule a ride or get more information on becoming a volunteer driver.

## Arts & Carafes

Come and enjoy a relaxing evening with your favorite bottle of wine while discovering your inner artist! No experience is required. Step-by-step instructions will be given by our fun and local artist, Erin! \*Please come to class 15 minutes early and bring an old shirt or apron with you.

Instructor: Erin Uetz.

Ages: 21 and up.

Location: Large Activity Room 3

Min: 6 Max: 24

Day	Dates	Time	Price
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Program #4136-C

Thu 1/17 or 3/14 6-8 pm \$25R/\$30NR/per class

## Senior Yoga Stretch



Join our instructor Chrisa for a gentle yoga class that is intended for seniors who are looking to become more flexible, functional, energetic in their every day living. The class requirements are just to bring a yoga mat and a bottle of water!

Day	Date	Time	Price
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Program #4136-D

Tue 1/15-3/12 12-12:45pm \$34R/\$39NR

## \*NEW AARP Smart Driver Course

Come take the AARP Smart Driver Course and gain valuable knowledge for when you're on the road! Please call 585-431-0090 ahead of time in order to reserve your spot. You will also need to bring a check with you payable to AARP the day of. Location: SCCC

Day	Date	Time	Price
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Program #4136-E

Tu & Th 2/12&2/14 10 am-1 pm \$20M/\$25NM

## \*NEW Getting to Know Your Smartphone

Having trouble accessing all of the features on your smartphone? We are here to help! Joe Kincaid will help you with all of the questions you have regarding your smartphone! Location: SCCC Senior Lounge

Day	Dates	Time	Price
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Program #4136-F

Tues 1/29 & 3/5 11:30-12:30pm Free

## \*NEW Senior Chair Volleyball

Looking for a new and fun way to get some exercise? Chair volleyball is a great way to do just that! We will play with a smaller net and a beach ball, all while sitting in our chairs. Pick-up games will be held weekly.

Location: SCCC Gymnasium

Day	Time	Price
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Fridays 1-3 pm \$1 each visit





SilverSneakers® programs are designed for older adults to increase energy, improve balance, increase strength and flexibility and to meet new people. When you enroll in SilverSneakers® you receive fitness center membership and class opportunities at the Sweden/Clarkson Community Center. All activities are covered by your insurance company and simple swipe of your SilverSneakers® card. Classes are as follows:

Day	Time	Type
Monday	10 am-11 am	Classic
Monday	11 am-12pm	Classic
Tuesday	10am-11 am	Cardio
Tuesday	11 am-12pm	Yoga
Wednesday	11 am-12pm	Classic
Wednesday	1:15-2pm	Classic
Thursday	10am-11 am	Cardio
Thursday	11 am-12pm	Yoga
Friday	11 am-12pm	Classic

Silver & Fit participants will receive a fitness center membership covered by your insurance company. Stop in and fill out a registration packet so you can get started!

### Blood Pressure Checks

Monroe Ambulance Deputy Chief Mike Bove will be conducting blood pressure checks each week!

**Location:** SCCC Main Hallway

Day	Time	Price
Wednesdays	11:30-12:30pm	Free

### Sweden Senior Singers

#### Committed Engagement Through Singing

Join our active, enthusiastic and dedicated group of seniors (and non-seniors) who love to sing! The Sweden Senior Singers are directed by Maryellen Giese and perform at local care centers, with school choruses of all ages, and for our community. Call 431-0090.

Day	Date	Time
Wed	Sept-May	10:15-11:45

Location: Large Activity Room 1

### Book Discussion Club

Day	Time	Price
1st Monday of the month	11-12:30 pm	FREE

Location: Small Activity Room 4

### Beginner Line Dancing



Have you been interested in learning to Line Dance but never took the time or wanted to spend the money to do it? Well now is your opportunity! All you need is an hour of time to learn the basics of line dancing in a comfortable, friendly environment. All ages are welcome and all you need to bring is a willingness to learn and some comfortable shoes.

Location: Large Activity Room 3.

Day	Time	Price
Thursdays	9:30—11 am	\$1

### Line Dancing



Different dances each week. All Ages.

Location: Large Activity Room 3

Day	Time	Price
Wednesdays	9:00-10:30 am	\$1

### The Sweden Comfort Quilters

Can you tie a knot? That's all the expertise you need to help us make quilts for homeless, battered and needy families in our area. All ages welcome.

Location: Large Activity Room 3

Day	Time	Price
Mondays	9am-12 pm	FREE

### Dresses for Girls Around the World

Help us make dresses for needy and underprivileged girls in our own country and around the globe. No sewing experience is needed. Supply and equipment donations welcome. Come for the day or just for an hour or two.

Location: Large Activity Room 3

Day	Time	Price
4th Tuesday	9am-12pm	FREE

### Community Sewing Group

Help us make quilts for homeless, battered and needy families in our area. No sewing experience is needed. Supply and equipment donations welcome. Come for the day or just an hour or two. Location: Large Activity Rm3

Day	Time	Price
2nd Tuesday of each month	9am-11 pm	FREE

### Knitting Club

Meet to knit and crochet items for area cancer patients. We provide the yarn, donations gratefully accepted.

Location: Small Activity Room 4

Day	Time	Price
Wednesday	10am-12pm	FREE

ADULT & SENIOR PROGRAMS

### Notary Public License Law

Whether you are looking to become a new Notary Public or need a refresher on Notary Law and the duties/responsibilities afforded to you, this is a comprehensive class on the Notary Public License Law. This class will provide all the information necessary to pass the Notary Exam, ways to shield yourself from liability in the execution of your duties, as well as appointment, testing and renewal policies and procedures.

In collaboration with: Hilton Community Education

Day	Date	Time	Price
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Program #4137-A

Mon	2/4 & 2/11	6:30-8:15pm	\$50
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Location: Quest Elementary, 225 West Avenue, Hilton Room 23 (use the door on the West side of the building)

### Monarch Butterfly Life Cycle

Come learn more about the life cycle of this important pollinator, the Monarch Butterfly. Courtney Webster, creator of ROC! Monarchs, is sharing her knowledge and experiences with the class. Some things you might learn include what the Monarch needs to survive and what we can do to help this species. Max: 15

Location: SCCC Conference Room

Day	Date	Time	Price
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Program #4137-B

Wed	3/13	5:30-7pm	\$35R/\$40NR
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### Weekly Open Senior Cards

Euchre: Mondays - 12:30-2:30 pm

Fee: \$1 per visit

Location: Small Activity Room 4

### Senior Bingo

One Wednesday per month in the Winter Time is 12 noon—2 pm. Cost is \$2/card. A Wegman's sub tray lunch is included. Prizes awarded!

Location: Small Activity Rm 4

Dates: Jan 23rd, Feb 20th, Mar 20th



**Brockport Jazzercise**  
 4927 Lake Road, Brockport, NY 14420  
 (585) 738-3555  
 bkpt\_spen\_jazz@yahoo.com  
 jazzercisebrockport@gmail.com

6:00 a.m. M, T, W, Th, F\*

7:30 a.m. T, Th, Sat, Sun

8:30 a.m. Sat, Sun\*

9:00 a.m. M, T\*, W, Th\*, F

4:45 p.m. M, T, W, Th\*, F

6:00 p.m. M, W

\* Strength 45

**1 WEEK FREE**

### Open Programs

#### Walking/Running

Monday—Friday 9 am—10 am FREE

#### Open Basketball

Monday—Thursday 12pm—3pm \$1/\$2

#### Open Pickleball

Monday—Friday 10am-12noon \$1/\$2

#### Toddler Gym

For ages 5 & under ONLY. \$2

Children must be accompanied by an adult.

Please call for availability and to confirm open gym times. Any open gym/play times may be altered to accommodate special events or times that have been reserved for private use.

## Community Center

Space Available	1st Hour Resident	1st Hour Non-Resident	Additional Hour	Space Available	1st Hour Resident	1st Hour Non-Resident	Additional Hour
Full Gym	\$75	\$150	\$50	Large Activity Room	\$25	\$35	\$10
Half Gym	\$50	\$75	\$25	Small Activity Room	\$20	\$30	\$10
Cafeteria	\$30	\$35	\$15				

## Sweden Town Park—Redman Road

Park Available	Resident Fees	Non-Resident	Field Preparation Security Deposit	Amenities	Whom to Call
Sweden Park Redman Rd	Football \$50/field Other \$30/field 3 hour block	Football \$75/field Other \$50/field 3 hour block	Football \$50 All Others \$20 Per Field Per Day	Football, soccer Lacrosse, softball baseball fields	Rec Dept. 431-0090
Sweden Park Lighted Field	\$125/field 3 hour block	\$175/field 3 hour block	\$20/field Per day	Lighted multi-purpose field	Rec Dept. 431-0090
Nietopski Field	\$50/3 hours	\$75/3 hours	\$50/day	Showcase Baseball field	Rec Dept. 431-0090
Nietopski Concession	\$35/day	\$45/day	\$25	Grill, sink, coolers fridge/freezer	Rec Dept. 431-0090
Covered Pavilion	\$25/day	\$35/day	\$15	Grill/picnic tables	Rec Dept. 431-0090
<b>NEW LODGE</b>	\$200/day	\$250.00/Day	\$200/\$250 refundable Security deposit	Heated Lodge. Party capacity-99 plus outdoor area, kitchen, tables, chairs, fireplace, restrooms	Rec. Dept. 431-0090

## Clarkson Parks

Park Available	Resident Fees	Non-Resident	Field Prep/ Security Deposit	Amenities	Whom to Call
Clarkson Hafner Park	Football \$50/field Other \$30/field	Football \$75/field All others \$50/field per 3 hour block	Football \$50 All Others \$20	Football, soccer Lacrosse, softball, baseball fields	Rec Dept. 431-0090
Clarkson Kimball Park	\$30/field for 3 hours 8 am-10 pm	\$50/field for 3 hours 8 am—10 pm	\$20/field/day	Softball fields, lacrosse	Rec Dept. 431-0090
Clarkson The Lodge at Kimball Park	\$175/day 8 am—10 pm	\$175/day 8 am—10 pm	N/A	Kitchen, restrooms playground, tables chairs, accessible	Clarkson Town Clerk 637-1130
Goodwin Lodge Hafner Park	\$150/day 8 am—10 pm	\$150/day 8 am— 10 pm	N/A	Kitchen, restrooms playground, tables chairs, accessible	Clarkson Town Clerk
San Soucie Park	FREE No reservations available	FREE No reservations available	N/A	Located on Erie Canal, Clarkson	Clarkson Town Clerk 637-1130

**Family Fun Afternoon  
Roller Skating, Pizza & FUN!**

Saturday, February 9th @ 3-4:30pm

Community Center Gymnasium

\$2.00 per participant (child or adult) (Pizza & Drink Included)



**Free Family Fun Movie Night**

**Moana**

**Friday, March 1st from 6pm-8pm**

Community Center Gymnasium

